

#### Based on arXiv: 1811, 04664 [hep-th]

W/ Masahiro Ibe, Tsutomu T. Yanagida (ICRR) (IPMU -> TD Lee Inst, Tokyo) (Tokyo Shanghai)





... and many earlier papers









# $\bigwedge > 0$

 $\Lambda^4 \simeq O(10^{-120}) M_{pe}^4$ 

 $\ll M_{pe} \parallel$ 

$$\Lambda^4 \simeq \mathcal{O}(10^{-120}) M_{PI} \ll M_{PI}^4$$

## while dork energy is IR phenomenon it is portly about UV QG, string,...



















de Sitter Swampland Cokjecture [Obied-Ooguri-Spodyneiko-Vafa (18)] Mp1 || [V|] 2 c V (C~O(1), (>0) excludes dS vacua (V=0, V>0) ~> motivates quintessence [Agrawal-Objed-Steinhordt-Vafa (18)] de Sitter Swampland Cokjecture [Obied-Doguri-Spodyneiko-Vafa (18)] Mp1 || [V|] ≥ c V (C~O(1), C>0) excludes dS vacua (V=0, V>0) ~> motivates quintessence [Agrawal-Objed-Steinhordt-Vafa (18)]

(This talk does not directly vely on this conjecture)



Q: if guintessence, why flat potential? V(¢)↑ 

shift symmetry  

$$a \rightarrow a + (const.)$$
  
broken by non-pert. effect  
 $V(a) = \Lambda^{4} \cos\left(\frac{a}{fa}\right) + \cdots$   
 $\prod_{\mu=2\pi/d}^{\mu=2\pi/d} \ll M_{pl}^{4} / (d = \frac{g^{2}}{4\pi})$ 

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•

Surprisingly, electroweak SU(2) gauge group  
in the standard model does the job 
$$11$$
  
 $RG$   
 $\chi_2(Mz) \simeq \frac{1}{29} \longrightarrow \chi_2(Mpl) \simeq \frac{1}{48}$ 

Surprisingly, electroweak SU(2) gauge group in the standard model does the job !!  $\begin{array}{c} \text{RG} \\ \text{Cl}(M_z) \simeq \frac{1}{29} \xrightarrow{1}{29} \text{Cl}(M_{\text{pl}}) \simeq \frac{1}{48} \end{array}$  $\Lambda^{+} \simeq M_{pe} \mathcal{O}^{-\frac{2\pi}{d_2(M_{pe})}} \simeq \mathcal{O}(10^{-130}) M_{pe} I$ (Xi dominant contribution comes ( from small-size instanton) electroweak quintessence axion scenorio [Fukugita-Yanagida (194) Nomura-Watari-Yanagida (100), McLerran-Pisorski-Skokov (12), ...]

Q: Isn't the EW 
$$\theta$$
-ongle unphysical?  
( $\theta$  con be rotated away by anomalies of )  
( $B+L$ ) - global symmetry [cf. Anselm-Johansen (92)]

Weak Gravity Conjecture.

\* Weak grovity anjecture implies  
[Arkoni-Hamed-Moth-Nicolis-Vafa (06)]  
[See also Bonks-Dine-Fox-Gorbatov (03)]  

$$f \leq \frac{Mpl}{Sinst} \sim O(10^{-2})Mpl \ll Mpl$$
  
 $\int Sinst = \frac{2\pi}{d_2(Mpl)} \approx 300$ 

\* Weak grovity anjecture implies  
[Arkoni-Hamed-Moth-Nicolis-Vafa (66)]  
[See also Bonks-Dine-Fox-Gorbatov (63)]  

$$f \leq \frac{Mp_1}{Sinst} \sim O(10^{-2})Mp_{\ell} \ll Mp_{\ell}$$
  
 $\int Sinst = \frac{2\pi}{d_2(Mp_{\ell})} \cong 300$ 

\* However, we need small quintessence mass  

$$m^2 \sim \frac{\Lambda^4}{f^2} \sim \frac{H_0^2 M_p^2}{f^2} \leq H_0^2$$
  
 $\sim f \geq M_{Pl}$  needed  $(f)$ 

Hilltop Quintessence ?

[Putta - Scherrer (108) .-- ]



### Choose Sa= a-fit Kfit to avoid too much rolling

However, this requires Sinst O(exp(Mpl/f))~O(e<sup>100</sup>) fine-tuning [see e.g. Choi (99), Svrcek (106), Ibe-Yanagida-MY (18)]

We con amelievote the fine-tuning by modifying RG flow by heavy porticles RG  $\mathcal{A}_2(M_Z) \simeq \frac{1}{29} \longrightarrow \mathcal{A}_2(M_{pl})$  $\frac{1}{48}$ Sinst  $\sim \frac{2^{\prime\prime}}{\mathcal{A}_2(M_{\rm pg})} \sim 300$ 

We con amelievote the fine-tuning by modifying RG flow by heavy porticles RG  $\mathcal{A}_2(M_Z) \simeq \frac{1}{29} \longrightarrow$  $\mathcal{A}_{2}(M_{\mathbb{Z}})\sim\mathcal{O}(1)$ Wheavy Sinst~O(10) porticles

We can amelievote the fine-tuning by modifying RG flow by heavy porticles RG  $\Delta_2(M_Z) \simeq \frac{1}{29} \longrightarrow Sinst \simeq O(10)$ or even w/ heavy 0(1) porticies But ... this spoils the successful estimate for A  $\Lambda^4 \sim M_{pl}^4 Q^{-Sinst} \sim O(10^{-120}) M_{pl}^4$ 

Supersymmetric Miracle

Consider MSSM w/ msusy ~ O(TeV)

EW Q-ongle

Consider MSSM w/ MSUSY ~ O(TeV)

en (BHL)-breaking dim 5 op. QQQL EW Q-ongle dangerous for proton de cay [Sakai-Yanagida, Weinberg (82)]

Consider MSSM w/ msusy ~ O(TeV) en (B+L) - breaking dim 5 op. QQQL EW Q-ongle dangerous for proton de cay \$\overline{\second{s}} [Sakai-Yanagida, Weinberg (80)]  $U(1) \neq V$ ( 10, +2, (102 + 1)impose Frogatt-Nielsen sym. 1030 with breaking parameter ' 51 1 1 5 \* 0 ( · 53\* 0 ( 0 for quork/lepton mixing matrix ( Hy Ъ, ( Ha

$$d_2(M_{PR}) = \frac{1}{23} cf. d_2(M_{PR}) = \frac{1}{48}$$

$$\Lambda^{4} \simeq e^{-\frac{2\pi}{\sigma_{2}(M_{pe})}}$$

$$\begin{aligned} d_{2}(M_{PE}) \Big|_{MSSM} &= \frac{1}{23} \quad ef. \quad d_{2}(M_{PE}) \Big|_{SM} = \frac{1}{48} \\ \text{instanton calculus gives [Nomura-Watari-Yanagida ('oo)]} \\ &\Lambda^{4} &= e^{-\frac{2\pi}{d_{2}(M_{PE})}} e^{10} \quad M_{SUST}^{3} M_{PE} \\ &\stackrel{\sim}{=} O(10^{-120}) M_{PE}^{4} \, II \\ &e & 1/7 , \quad MSUST &= TeV \end{aligned}$$

Now, back to inclusion of heavy porticles ....

Include a pair X, X of heavy particles with intermediate mass MX

6 Pynkin index

 $\alpha_{2}^{-1}(M_{\text{Pl}})\Big|_{\chi\bar{\chi}} = \alpha_{2}^{-1}(M_{\text{Pl}}) + \frac{2T_{\text{R}}}{2\pi}\int_{\mathcal{I}} \int_{\mathcal{I}} \frac{M_{\chi}}{M_{\text{Pl}}}$ 

Include a pair X, X of heavy particles with intermediate mass MX 6 Pynkih index  $\alpha_{2}^{-1}(M_{PI})\Big|_{\chi\bar{\chi}} = \alpha_{2}^{-1}(M_{P\ell}) + \frac{2T_{R}}{2\pi}\int_{\mathcal{T}} \int_{\mathcal{T}} \frac{M_{\chi}}{M_{P\ell}}$ 

Meany particles also generate extra zero modes Insertion of operators Mx XX

$$\sim \left( \frac{M_x}{M_{PI}} \right)^{2T_R}$$

It turns out 2 effects concel out!  

$$[Nomura-Watori-Yanagida (oo)]$$
  
 $\Lambda^{4}|_{X\bar{X}} \simeq e^{-\frac{2\pi}{Q_{2}}(M_{Pe})|_{X\bar{X}}} \frac{(M_{X})^{2}T_{R}}{(M_{Pe})^{2}T_{R}} e^{-0} m_{SUSY} M_{Pl}$   
 $e^{-\frac{2\pi}{Q_{2}}(M_{Pe})|_{X\bar{X}}} \frac{(M_{Pe})^{2}T_{R}}{(M_{Pe})^{2}T_{R}} e^{-0} concel$   
 $e^{-\frac{2\pi}{Q_{2}}(M_{Pe})} \frac{(M_{Pe})^{2}T_{R}}{(M_{X})^{2}} \frac{(M_{Pe})^{2}T_{R}}{(M_{Pe})^{2}} \frac{(M_{Pe})^{2}T_{R}}{(M_{P$ 

We have many choices for heavy porticles  
s.t. 
$$d_2(M_{PR}) \simeq 4\pi$$
  
(1) 3  $SU(2)$  triplets  
 $a + O(10^7 \text{ GeV})$   
(2) 1  $SU(2)$  triplet  
1  $SU(3)$  octet  
 $a + O(10^7 \text{ GeV})$   
 $a + O(10^7 \text{ GeV})$ 

More Swampland Conjectures

de Sitter Conjecture

$$X' V(a) \sim \Lambda^{4} cos(\frac{a}{f})$$
 has local maximum,  
hence violates original dS conjecture  
 $M_{Pe} \|\nabla V\| \geq c V$   
 $\int M_{Pe} x_{anagida} = M\chi^{(18)}$ 

Murayama - Yanagida - MY (18) See also Denef - Hebecker-Wrase, Conlon, Choi - Chway-Sin (18)

$$X' V(a) \sim \Lambda^{4} cos(\frac{a}{f})$$
 has local moximum,  
hence violates original dS conjecture  
 $M_{Pe} \|\nabla V\| \geq c V$ 

However, consistent 
$$v/refined dS$$
 conjecture  
 $M_{PI} ||\nabla V|| \ge c V$  or  $M_{PJ}^2 \min(\tau^2 V) \ge c' V$ 

[Garg-Krishnan, Murayama-Yanagida-MY, Ooguri-Palti-Shiu-Vafa, .... (18)] See also Fukuda-Saito-Shirai-MY (18)

Scalar WGC,

\* Some versions of weak gravity conjecture with scalor fields claim [Palti (17), Shirai-MY (19)] "Fscolor ≥ Fgravity"

No NON-SUST AdS

# 





#### electroweak quintessence axion

 $\Lambda^{\dagger} \simeq M_{pe^{2}} C^{-\frac{2\pi}{\mathcal{O}_{2}(M_{pe})}} \simeq \mathcal{O}(10^{-130}) M_{pe}^{\dagger} I$ 

\* Electroweak Quintessence Axion: simple scenario to explain  $\Lambda^4 \simeq 10^{-120} M_{Pl}^4$ 

\* Consistent w/ de Sitter swampland conjecture

\* However, fine-tuning ameliorated in MSSM + heavy matter (SUSY minacle' A robust



