

The Gravitational Wave Background and Higgs False Vacuum Inflation

Isabella Masina

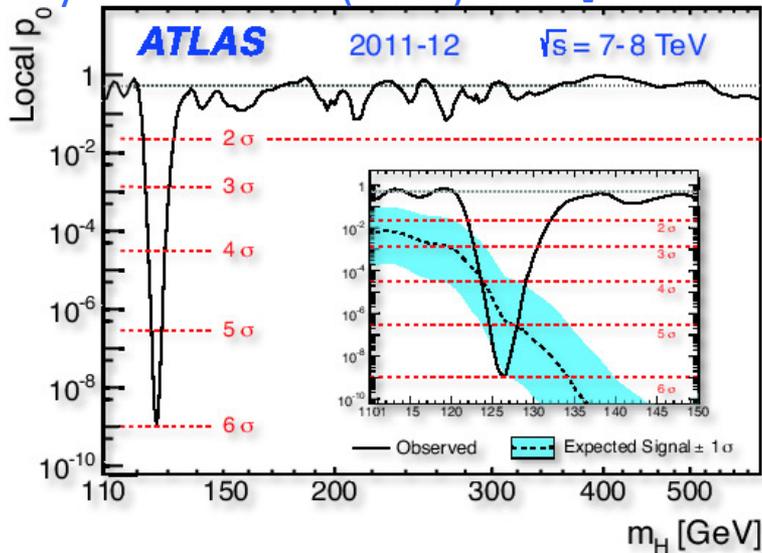
University of Ferrara, INFN Sez. Ferrara (Italy) and CP3-Origins (Denmark)



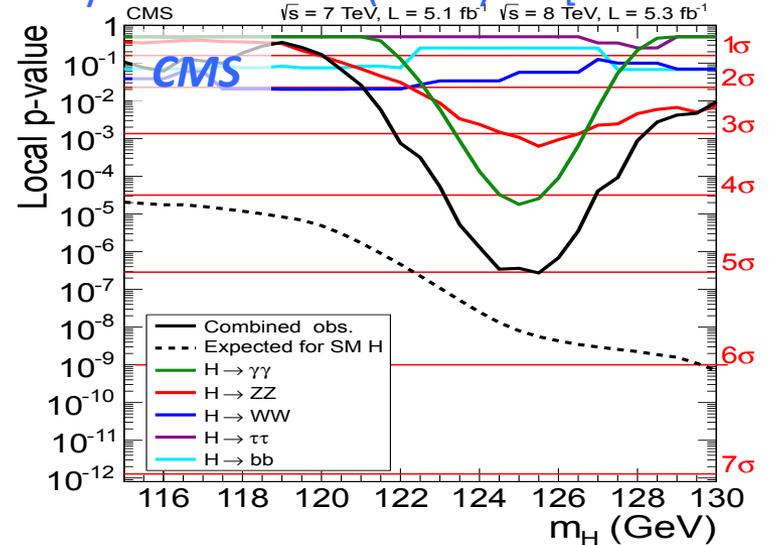
SUSY 2014, Manchester, 22/07/2014

4/07/12: A scalar particle has been discovered

Phys. Lett. B 716 (2012) 1-29 [1207.7214]



Phys. Lett. B 716 (2012) 30 [1207.7235]



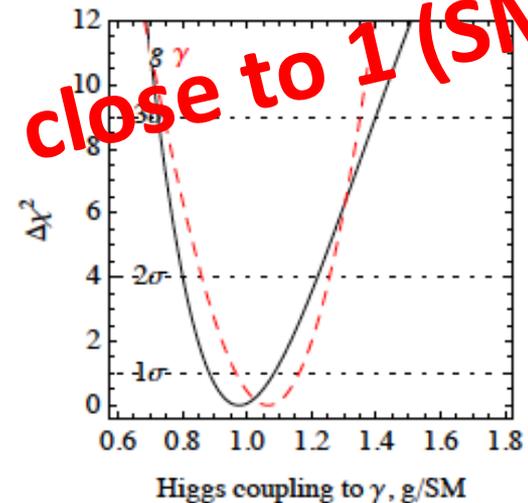
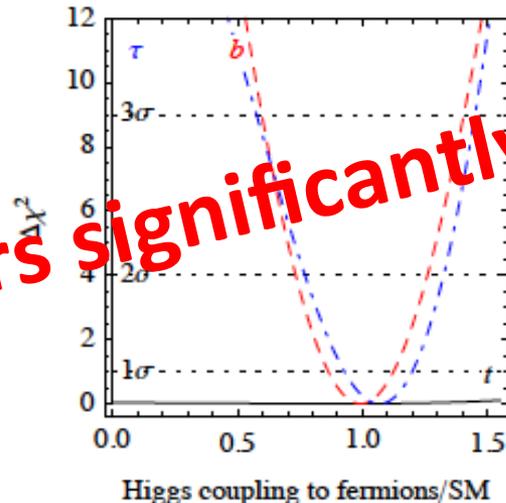
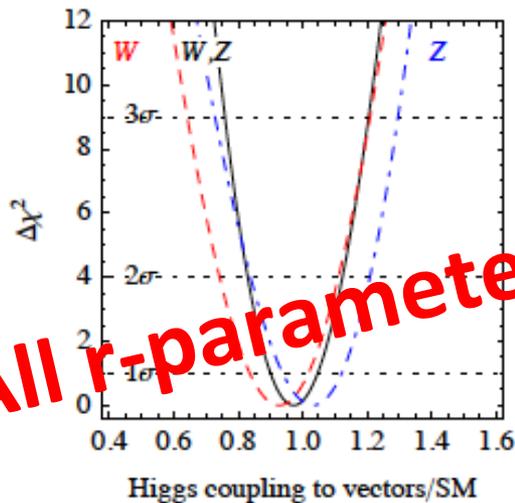
$$m_H \approx 125 - 126 \text{ GeV}$$

Likely it is the SM Higgs boson!

Many combined analysis, see e.g.
Giardino Kannike IM Raidal Strumia, JHEP arXiv:1303.3570

$$\mathcal{L}_h = r_t \frac{m_t}{V} h \bar{t} t + r_b \frac{m_b}{V} h \bar{b} b + r_\tau \frac{m_\tau}{V} h \bar{\tau} \tau + r_\mu \frac{m_\mu}{V} h \bar{\mu} \mu + r_Z \frac{M_Z^2}{V} h Z_\mu^2 + r_W \frac{2M_W^2}{V} h W_\mu^+ W_\mu^- +$$

$$+ r_\gamma c_{SM}^{\gamma\gamma} \frac{\alpha}{\pi V} h F_{\mu\nu} F_{\mu\nu} + r_g c_{SM}^{gg} \frac{\alpha_s}{12\pi V} h G_{\mu\nu}^a G_{\mu\nu}^a + r_{Z\gamma} c_{SM}^{Z\gamma} \frac{\alpha}{\pi V} h F_{\mu\nu} Z_{\mu\nu}.$$



All r -parameters significantly close to 1 (SM)

ATLAS (ZZ, $\gamma\gamma$)

$$M_h = 125.5 \pm 0.2_{\text{stat}}^{+0.5} - 0.6_{\text{syst}}$$

CMS (WW, ZZ, $\gamma\gamma$, $\tau\tau$, bb)

$$M_h = 125.7 \pm 0.3_{\text{stat}} \pm 0.3_{\text{syst}}$$

$$m_H \approx 125 - 126 \text{ GeV}$$

SO WHAT?

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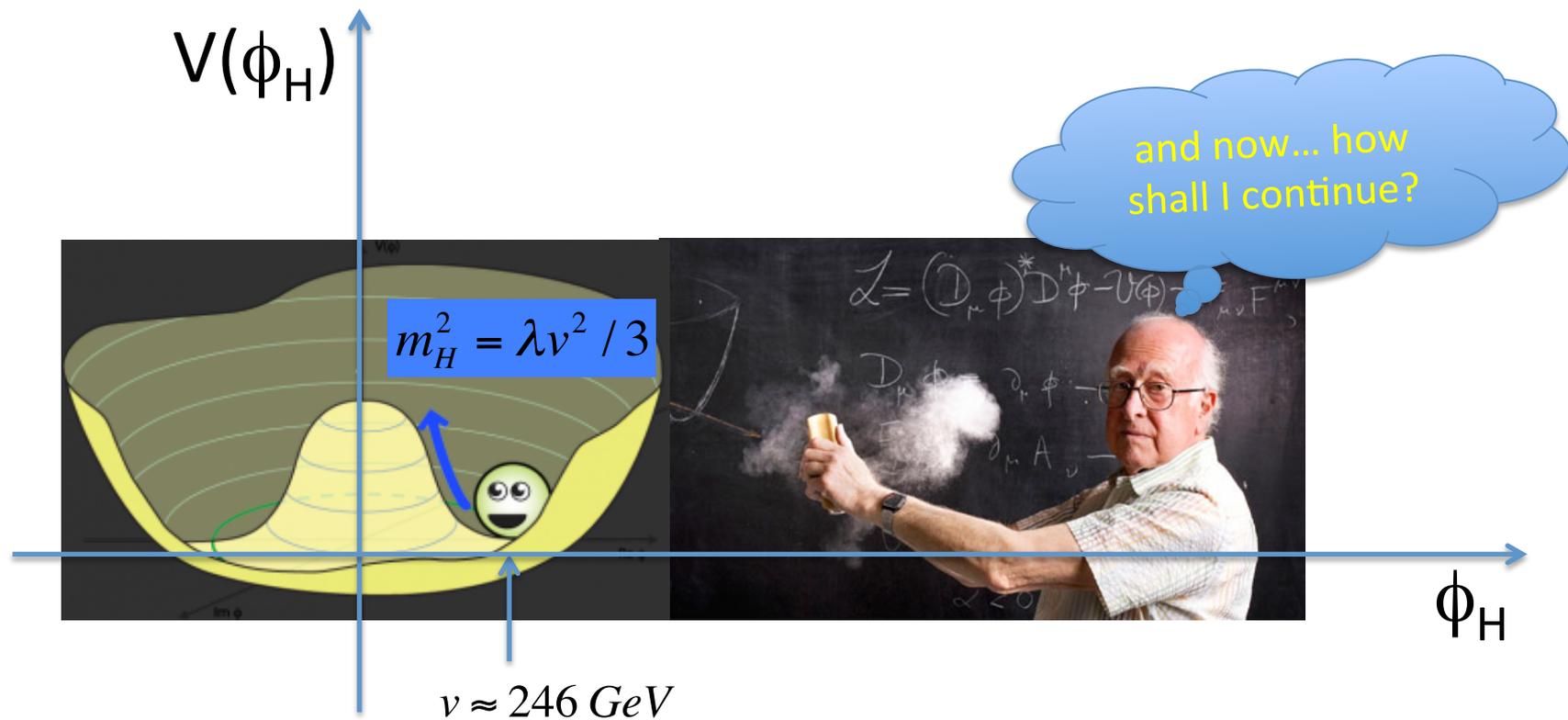
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SO WHAT?

Finally possible to study the shape
of the SM Higgs potential
up to the Planck scale!!!

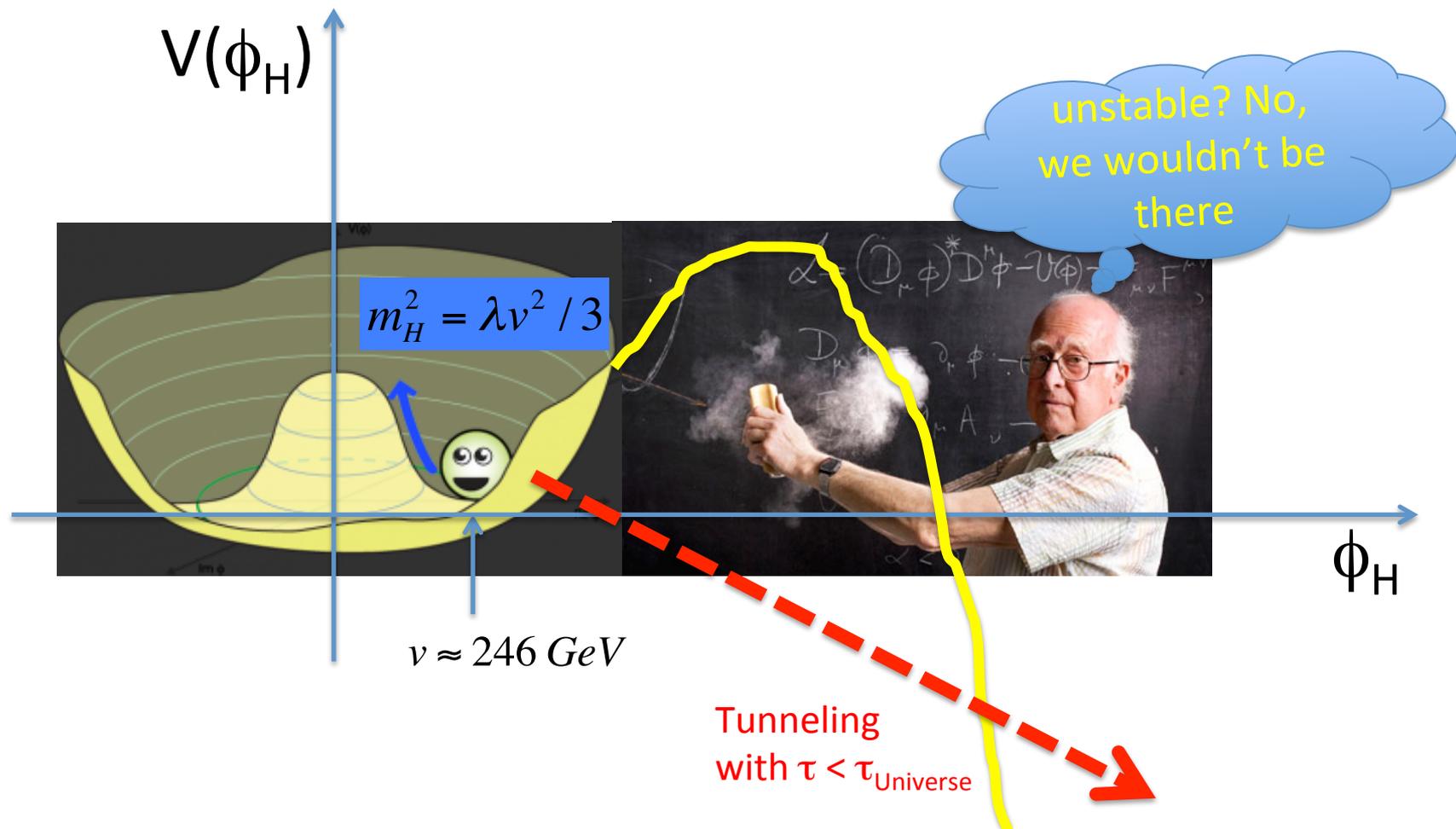
Consider the Higgs doublet $H = (0, (\phi_H + v)/\sqrt{2})$

and the SM Higgs potential: $V(\phi_H) = \frac{\lambda}{6} \left(|H|^2 - \frac{v^2}{2} \right)^2 \approx \frac{\lambda}{24} \phi_H^4$



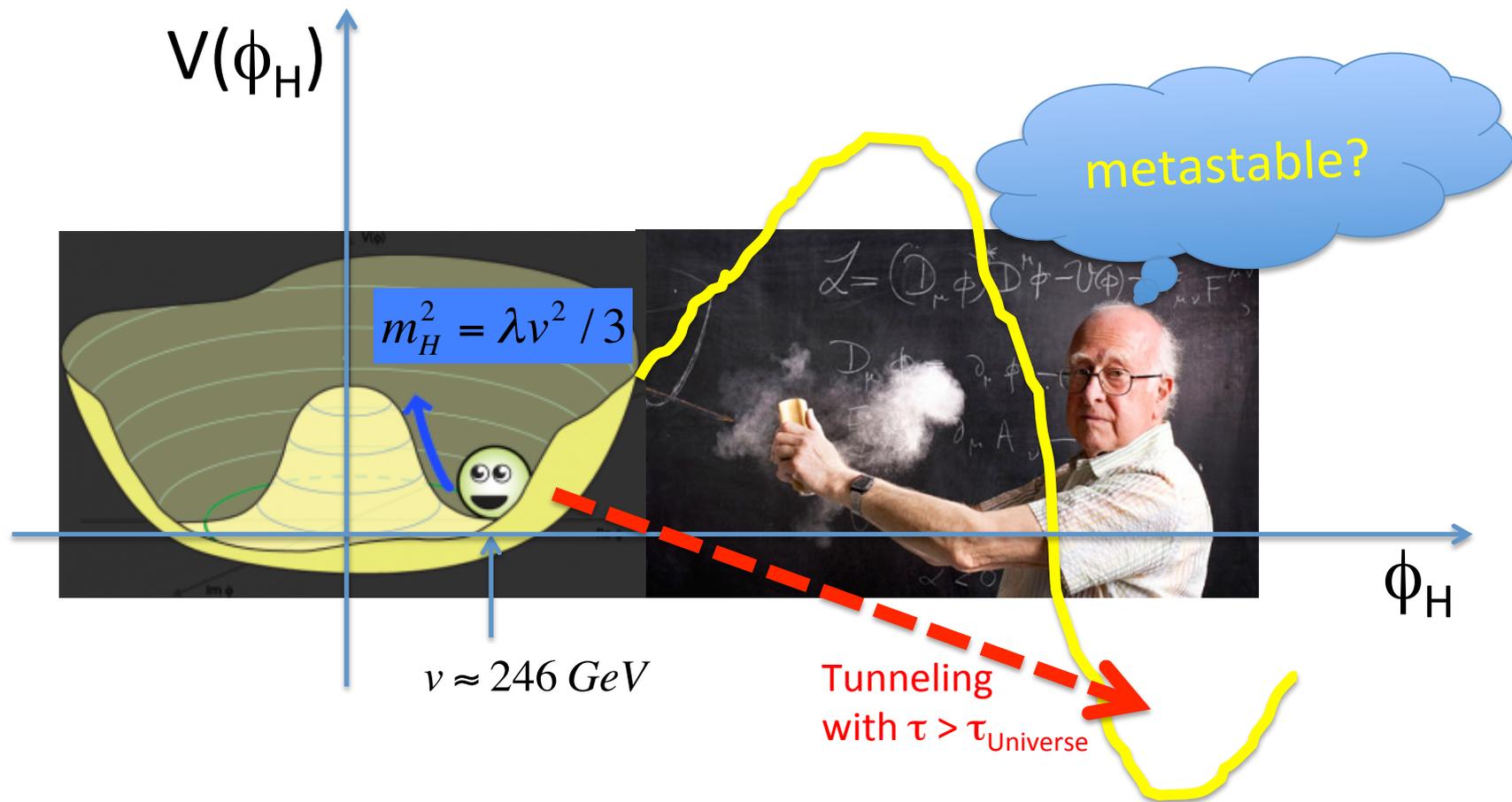
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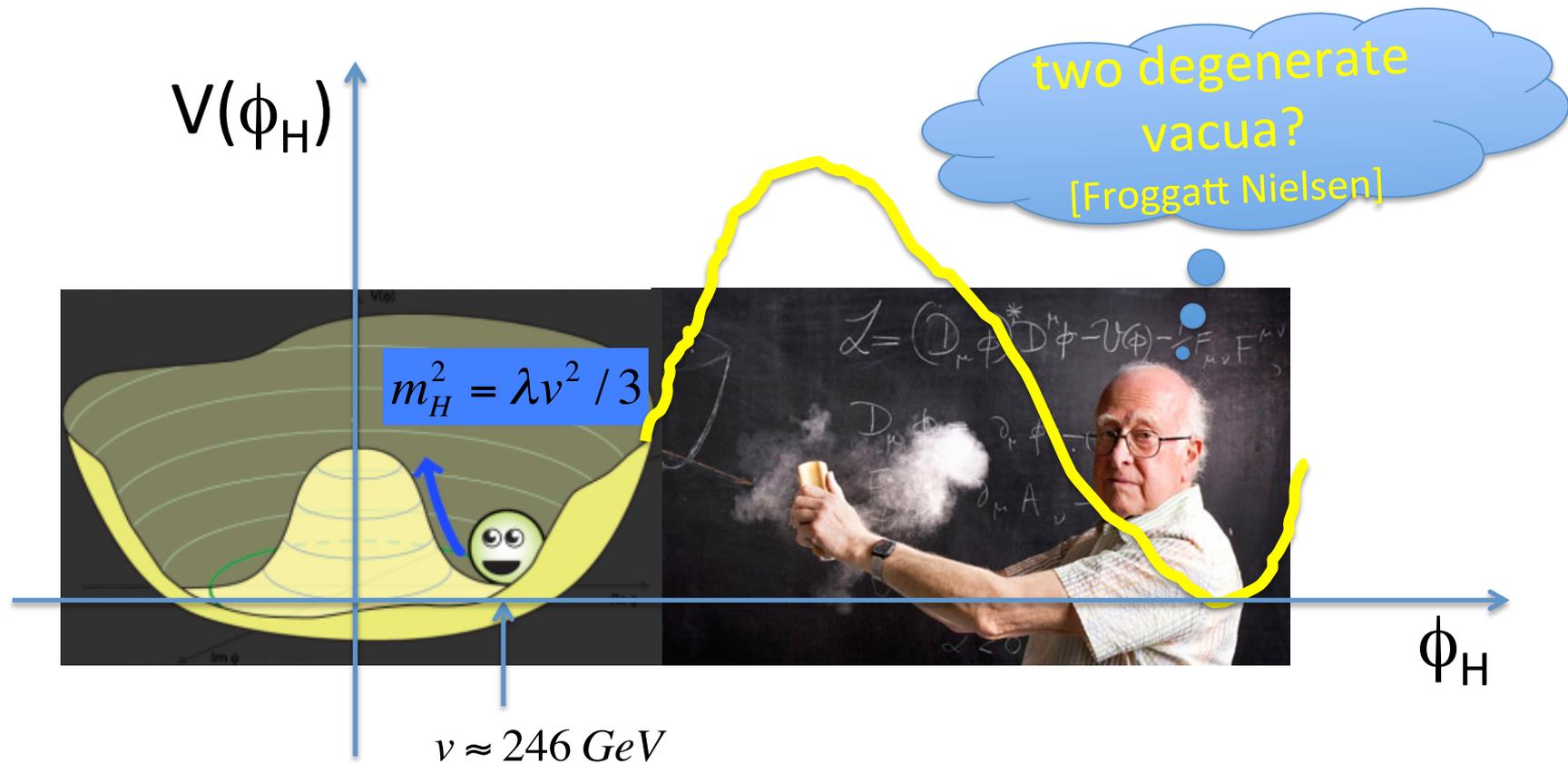
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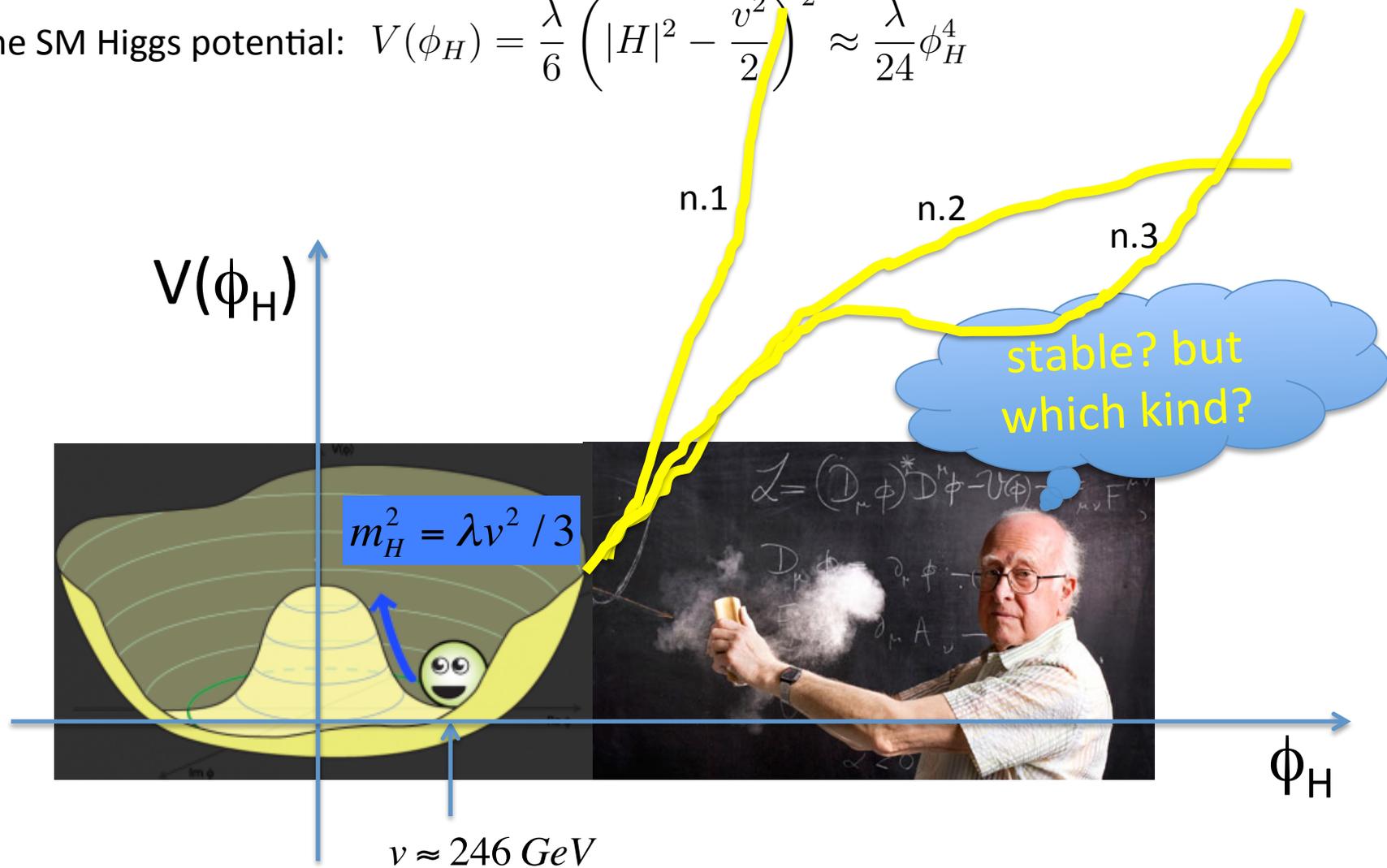
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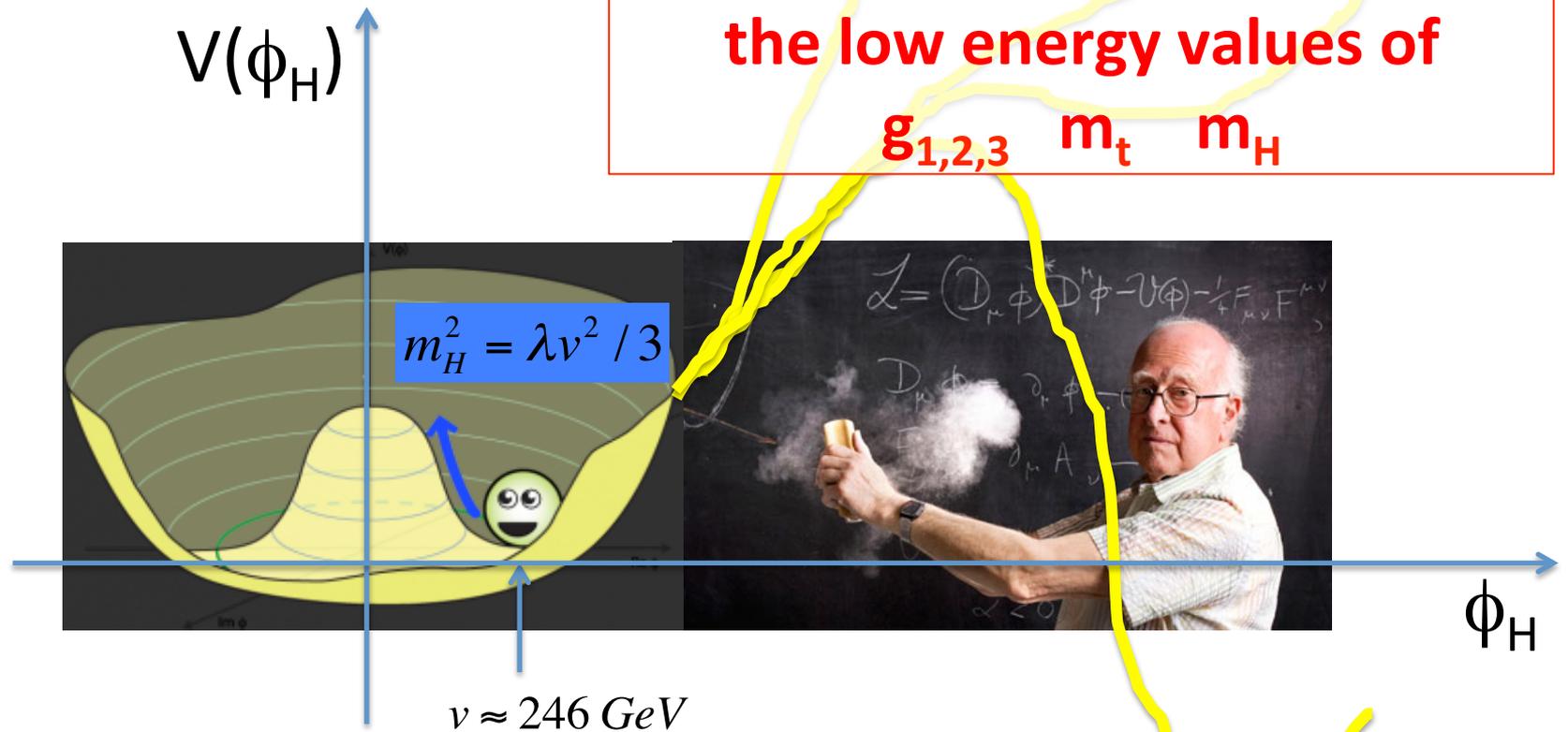


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To study $\lambda(\mu)$ one needs
the low energy values of

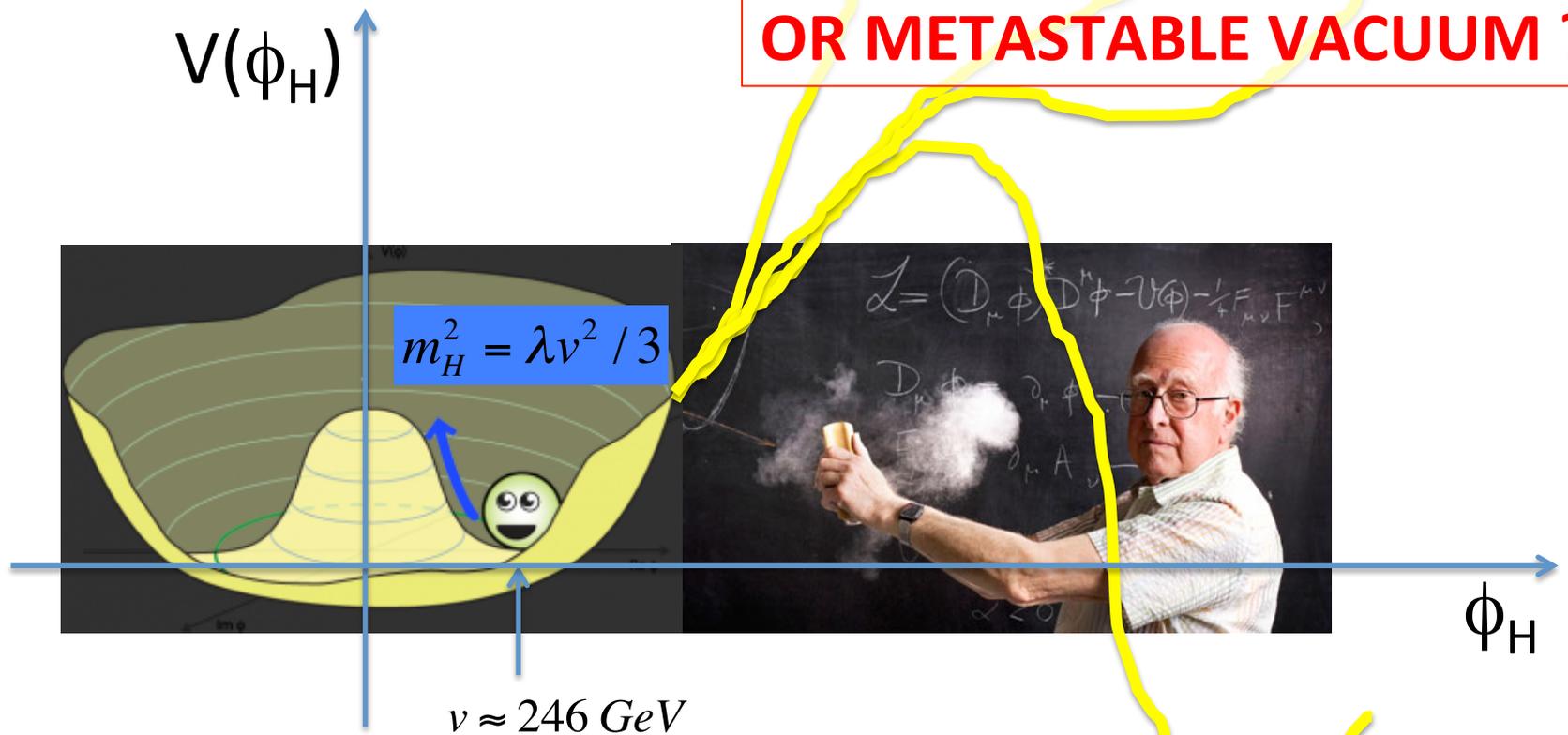
$g_{1,2,3}$ m_t m_H



Consider the Higgs doublet $H = (0, (\phi_H + v)/\sqrt{2})$

and the SM Higgs potential: $V(\phi_H) = \frac{\lambda}{6} \left(|H|^2 - \frac{v^2}{2} \right)^2 \approx \frac{\lambda}{24} \phi_H^4$

1) DO WE LIVE IN A STABLE OR METASTABLE VACUUM ?

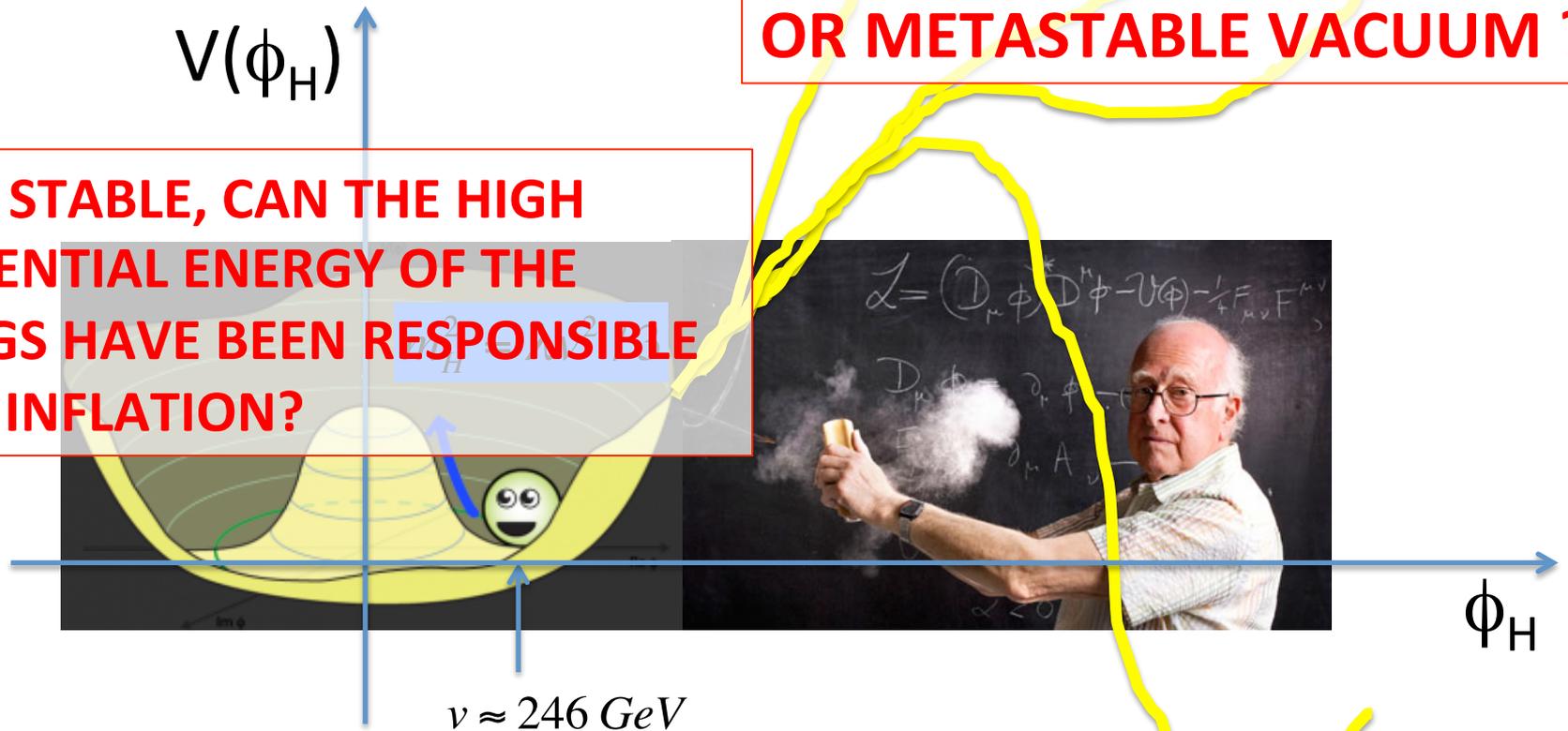


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1) DO WE LIVE IN A STABLE OR METASTABLE VACUUM ?

2) IF STABLE, CAN THE HIGH POTENTIAL ENERGY OF THE HIGGS HAVE BEEN RESPONSIBLE FOR INFLATION?



1)

To be or not to be (stable),
that is the (first) question...



(Assuming desert)

extrapolate the SM Higgs potential at renormalization scale μ via RGE

[Hung, Cabibbo et al '79, Lindner, Sher, Casas, Espinosa, Quiros, Giudice, Riotto, Isidori, Strumia, etc etc etc]

This can now be done at NNLO!!

3-loop running & 2-loop matching of

$$g(\mu), g'(\mu), g_3(\mu), \lambda(\mu), y_t(\mu)$$

in $\overline{\text{MS}}$ scheme

Matching

$$g(\mu), g'(\mu), g_3(\mu), \lambda(\mu), y_t(\mu)$$

matched directly at m_Z

According to PDG,
the larger exp error is in:

$$\alpha_3(m_Z) = 0.1196 \pm 0.0017$$

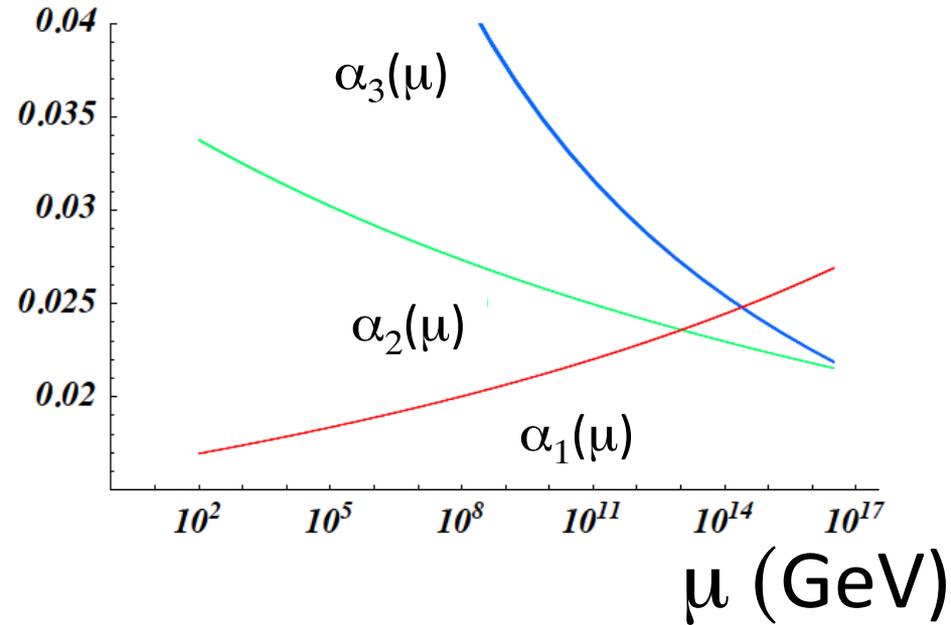
Running

$g(\mu), g'(\mu), g_3(\mu), \lambda(\mu), y_t(\mu)$

$$\begin{aligned} \frac{d}{dt}g(t) &= \kappa\beta_g^{(1)} + \kappa^2\beta_g^{(2)} + \kappa^3\beta_g^{(3)}, \\ \frac{d}{dt}g'(t) &= \kappa\beta_{g'}^{(1)} + \kappa^2\beta_{g'}^{(2)} + \kappa^3\beta_{g'}^{(3)}, \\ \frac{d}{dt}g_3(t) &= \kappa\beta_{g_3}^{(1)} + \kappa^2\beta_{g_3}^{(2)} + \kappa^3\beta_{g_3}^{(3)}, \end{aligned}$$

Annotations for the equations above:

- $\frac{41}{6}g'(t)^3$ points to $\kappa\beta_{g'}^{(1)}$
- $-\frac{19}{6}g(t)^3$ points to $\kappa\beta_g^{(1)}$
- $-7g_3(t)^3$ points to $\kappa\beta_{g_3}^{(1)}$



$$t = \log \mu/m_Z$$

$$\kappa = 1/(16\pi^2)$$

Mihaila Salomon Steinhauser,
PRL, arXiv:1201.5868

Matching

$$g(\mu), g'(\mu), g_3(\mu), \lambda(\mu), y_t(\mu)$$

Need to know m_H :

$$\lambda(\mu) = 3 \frac{m_H^2}{v^2} \left(1 + \delta_H^{(1)}(\mu) + \delta_H^{(2)}(\mu) + \dots \right)$$

1-loop by

Sirlin Zucchini NPB '86

$$\frac{G_\mu m_Z^2}{8\sqrt{2}\pi^2} \left(\xi f_1(\mu) + f_0(\mu) + \frac{f_{-1}(\mu)}{\xi} \right)$$

2-loop by

Bezrukov Kalmykov Kniehl Shaposhnikov
JHEP, arXiv:1205.2893

Degrassi Di Vita Elias-Miro Espinosa Giudice Isidori Strumia
JHEP, arXiv:1205.6497

Matching

$$g(\mu), g'(\mu), g_3(\mu), \lambda(\mu), y_t(\mu)$$

Need to know
top mass:

$$y_t(\mu) \frac{v}{\sqrt{2}} = \overline{m}_t(\mu) = m_t \left(1 + \delta_t(\mu) \right)$$

running $\overline{\text{MS}}$ top mass pole top mass

known at 2-loop

Analyses use (2-loop) matching via "Tevatron" m_t pole mass
(corresponding to a non-perturbative parameter of a MonteCarlo):

$$m_t^{exp} = 173.2 \pm 0.9 \text{ GeV}$$

This method introduces an unavoidable theoretical error associated to 2-loop matching

Matching

$$g(\mu), g'(\mu), g_3(\mu), \lambda(\mu), y_t(\mu)$$

Need to know
top mass:

$$y_t(\mu) \frac{v}{\sqrt{2}} = \overline{m}_t(\mu) = m_t \left(1 + \cancel{\delta_t(\mu)} \right)$$

running \overline{MS}
top mass
pole
top mass

known at 2-loop

Alekhin Djouadi Moch, PLB arXiv:1207.0980

say it is not meaningful to use Tevatron measure: could underestimate error!

BETTER to match directly with running \overline{MS} : $\overline{m}_t(m_t) = 163.3 \pm 2.7$ GeV
 as it can also be experimentally extracted from the total cross section for top quark
 pair production at hadron colliders $p\bar{p} \rightarrow t\bar{t} + X$

In this way one avoids the theoretical error due to matching

Method followed in: IM, PRD arXiv:1209.0393

...essentially agrees with results obtained via the other method for: $m_t = \overline{m}_t + 10$ GeV

Running

$$g(\mu), g'(\mu), g_3(\mu), \lambda(\mu), y_t(\mu)$$

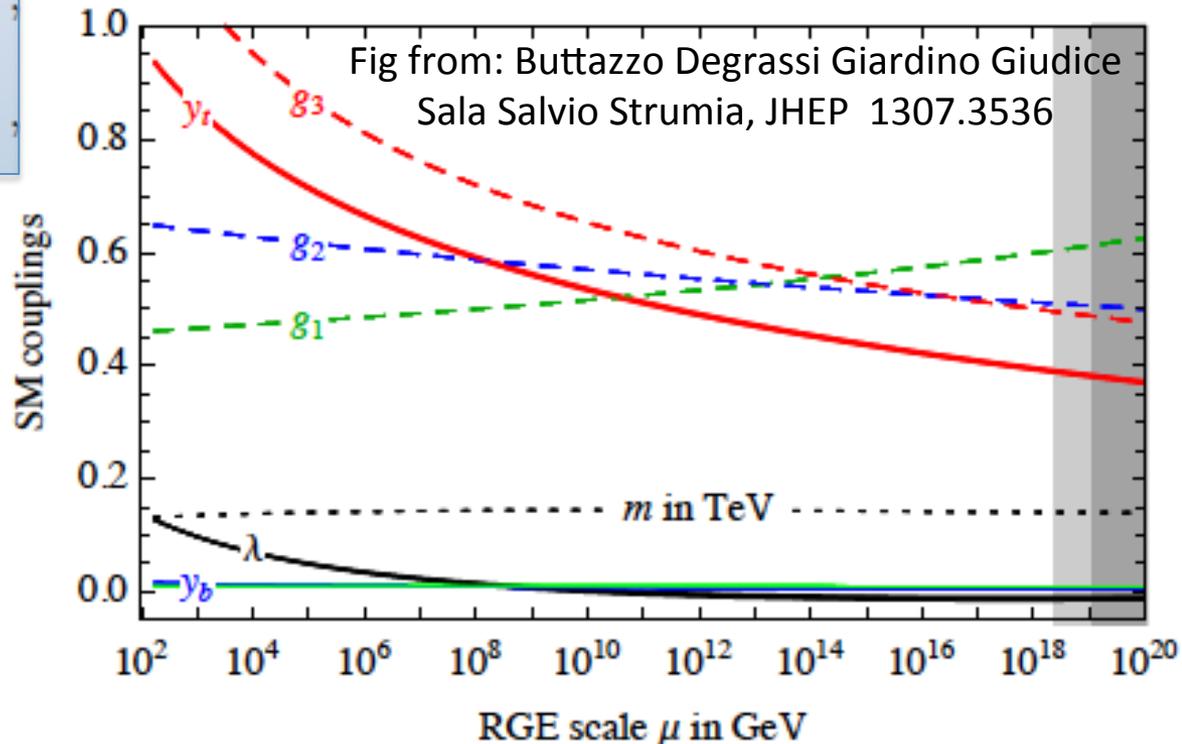
$$\frac{27}{4}g(t)^4 + \frac{9}{2}g'(t)^2g(t)^2 - 9\lambda(t)g(t)^2 + \frac{9}{4}g'(t)^4 - 36h_t(t)^4 + 4\lambda(t)^2 - 3g'(t)^2\lambda(t) + 12h_t(t)^2\lambda(t)$$

$$- \frac{9}{2}h_t(t)^3 - \frac{9}{4}g(t)^2h_t(t) - 8g_3(t)^2h_t(t) - \frac{17}{12}g'(t)^2h_t(t)$$

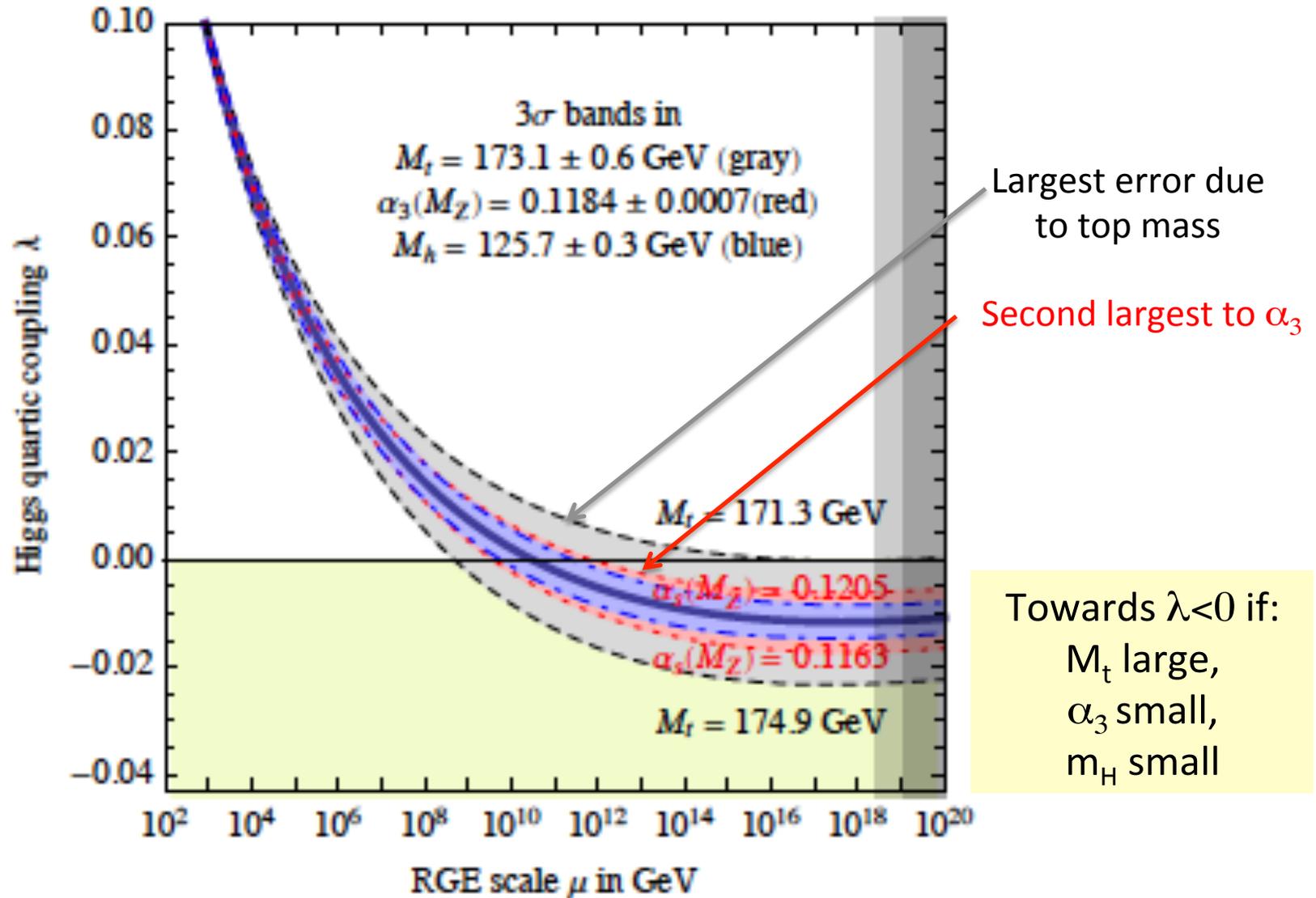
$$\frac{d}{dt}\lambda(t) = \kappa\beta_\lambda^{(1)} + \kappa^2\beta_\lambda^{(2)} + \kappa^3\beta_\lambda^{(3)}$$

$$\frac{d}{dt}h_t(t) = \kappa\beta_{h_t}^{(1)} + \kappa^2\beta_{h_t}^{(2)} + \kappa^3\beta_{h_t}^{(3)}$$

Chetyrkin Zoller, JHEP arXiv:1205.2892, 1303.2890



Let focus on the running of λ



Fix $m_H = 126$ GeV and $\alpha_3(m_Z)$

**Increasing m_t
 λ goes negative...**

$$V(\phi_H) \approx \frac{\lambda(\mu)}{24} \phi_H^4$$

$$\begin{cases} \lambda(\mu) > 0 & \text{stability} \\ \lambda(\mu) < 0 & \text{metastability} \end{cases}$$

... and V is destabilized

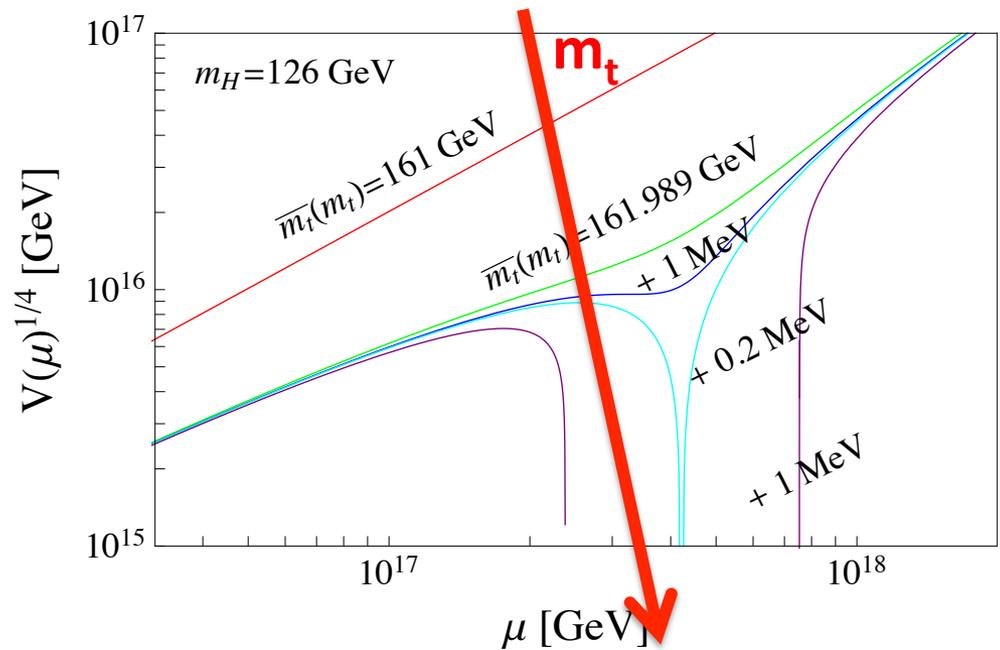
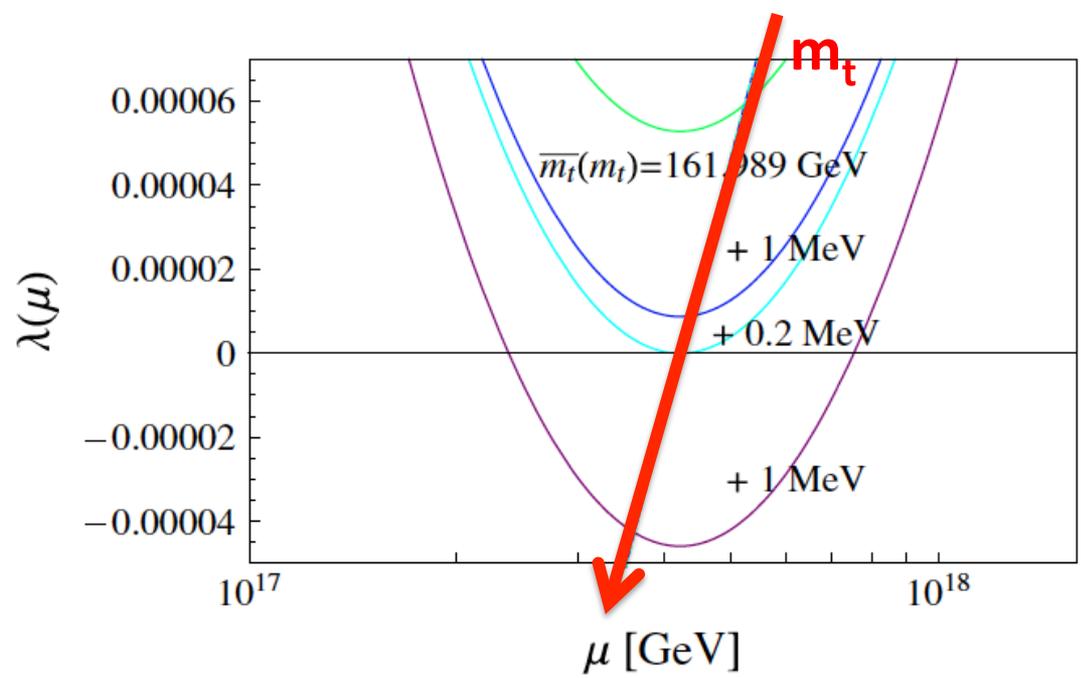


Fig from: IM, PRD 1209.0393

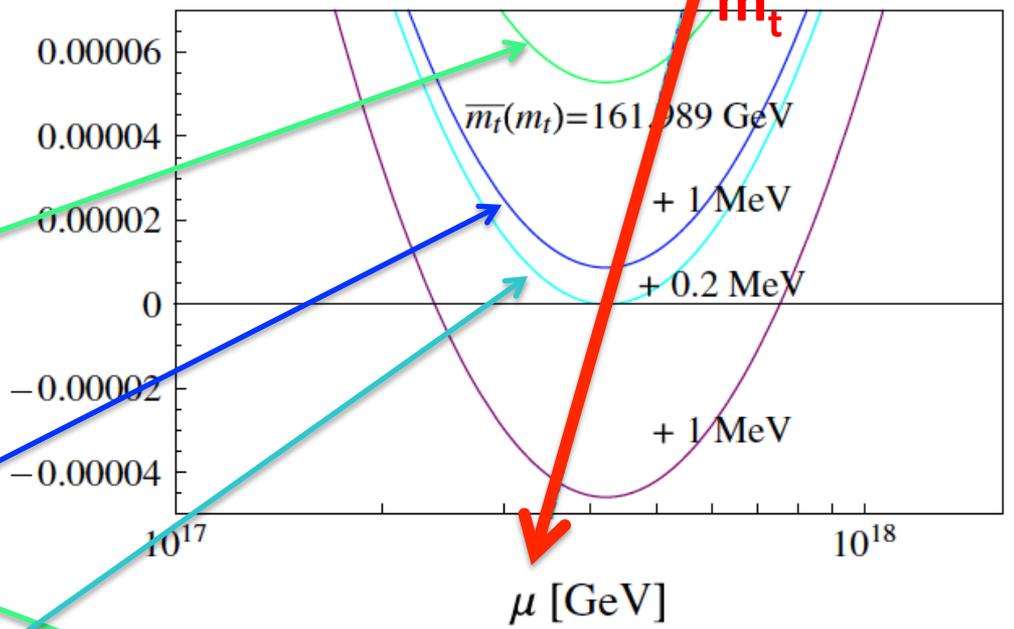
Fix $m_H = 126$ GeV and $\alpha_3(m_Z)$

stable

stable with flex

deg. with EW vacuum

$\lambda(\mu)$



$V(\mu)^{1/4}$ [GeV]

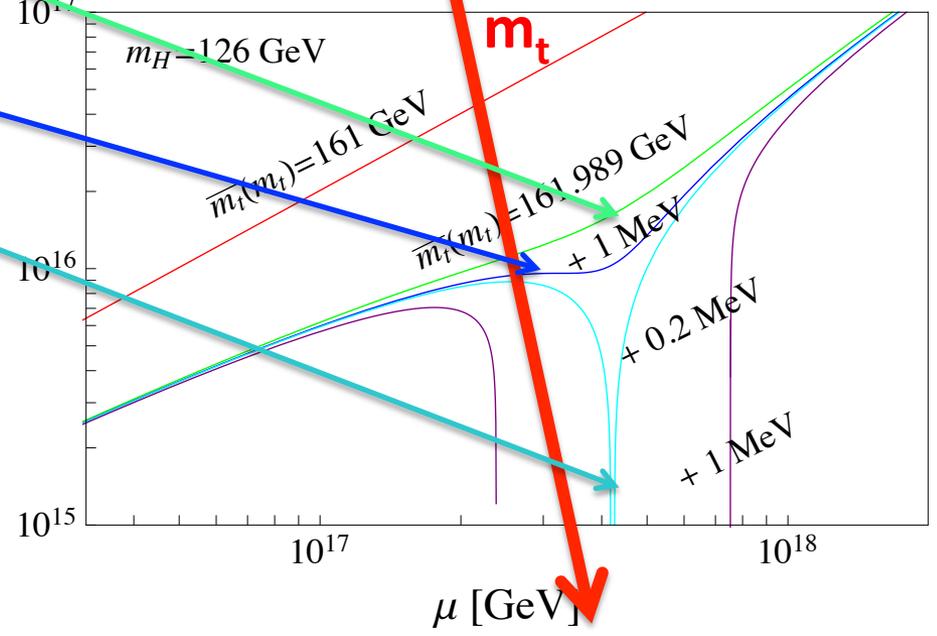
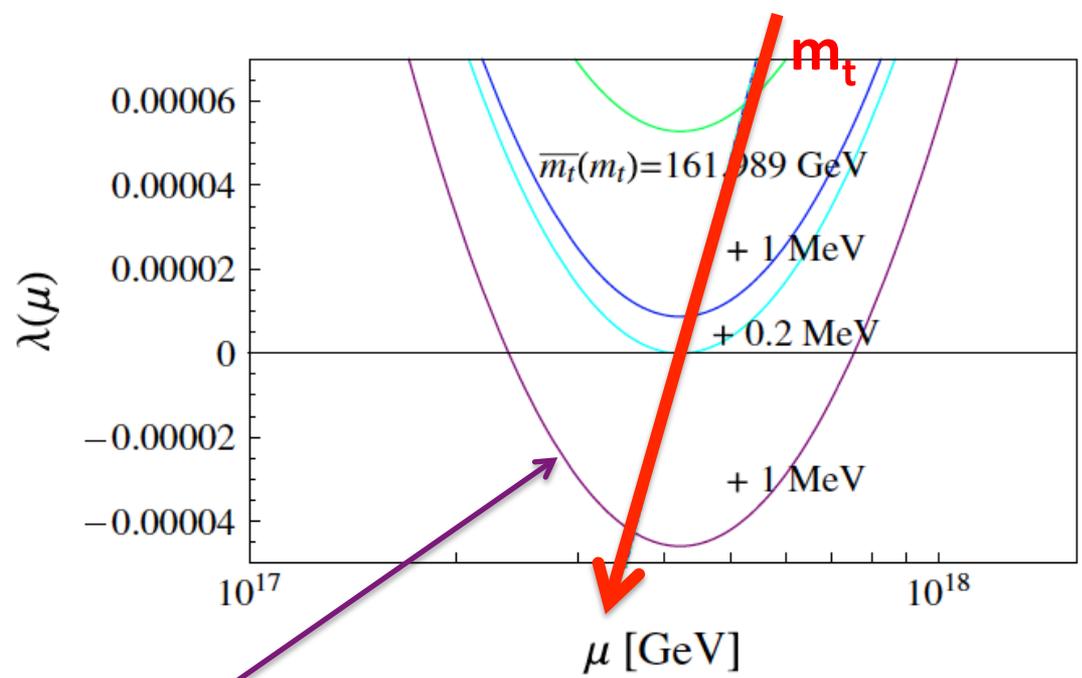
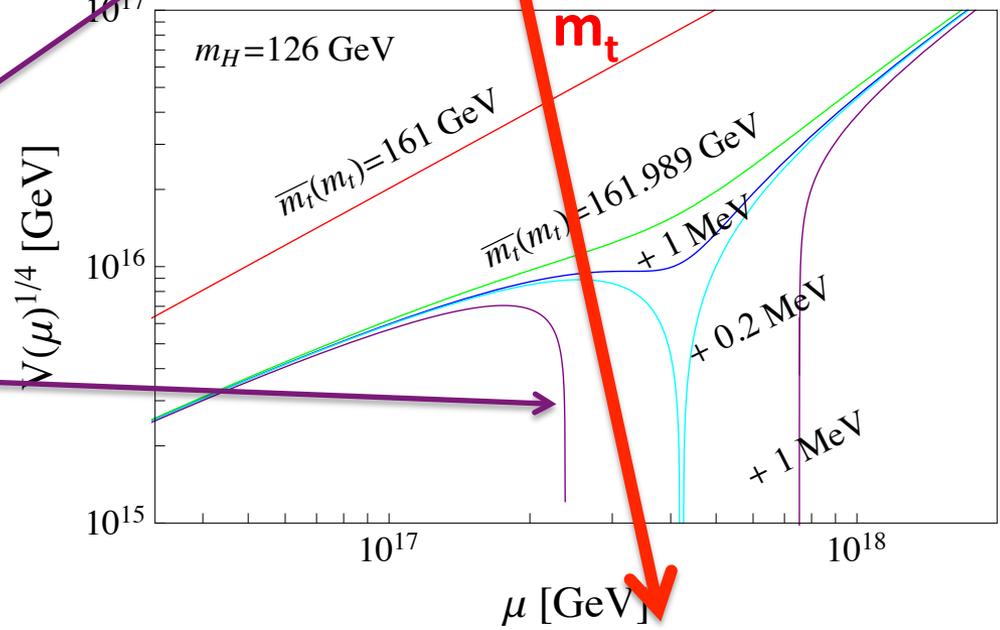


Fig from: IM, PRD 1209.0393

Fix $m_H = 126$ GeV and $\alpha_3(m_Z)$

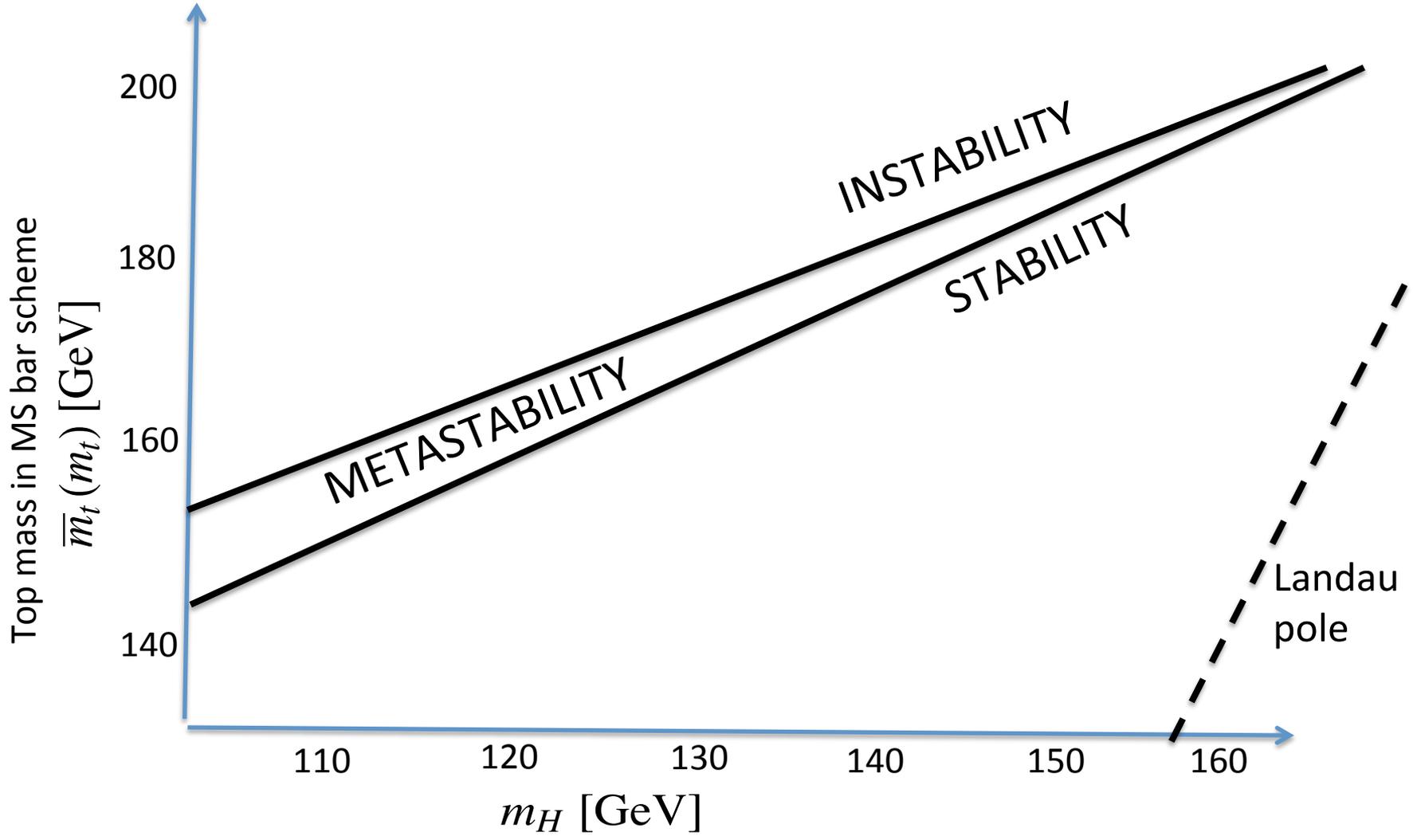


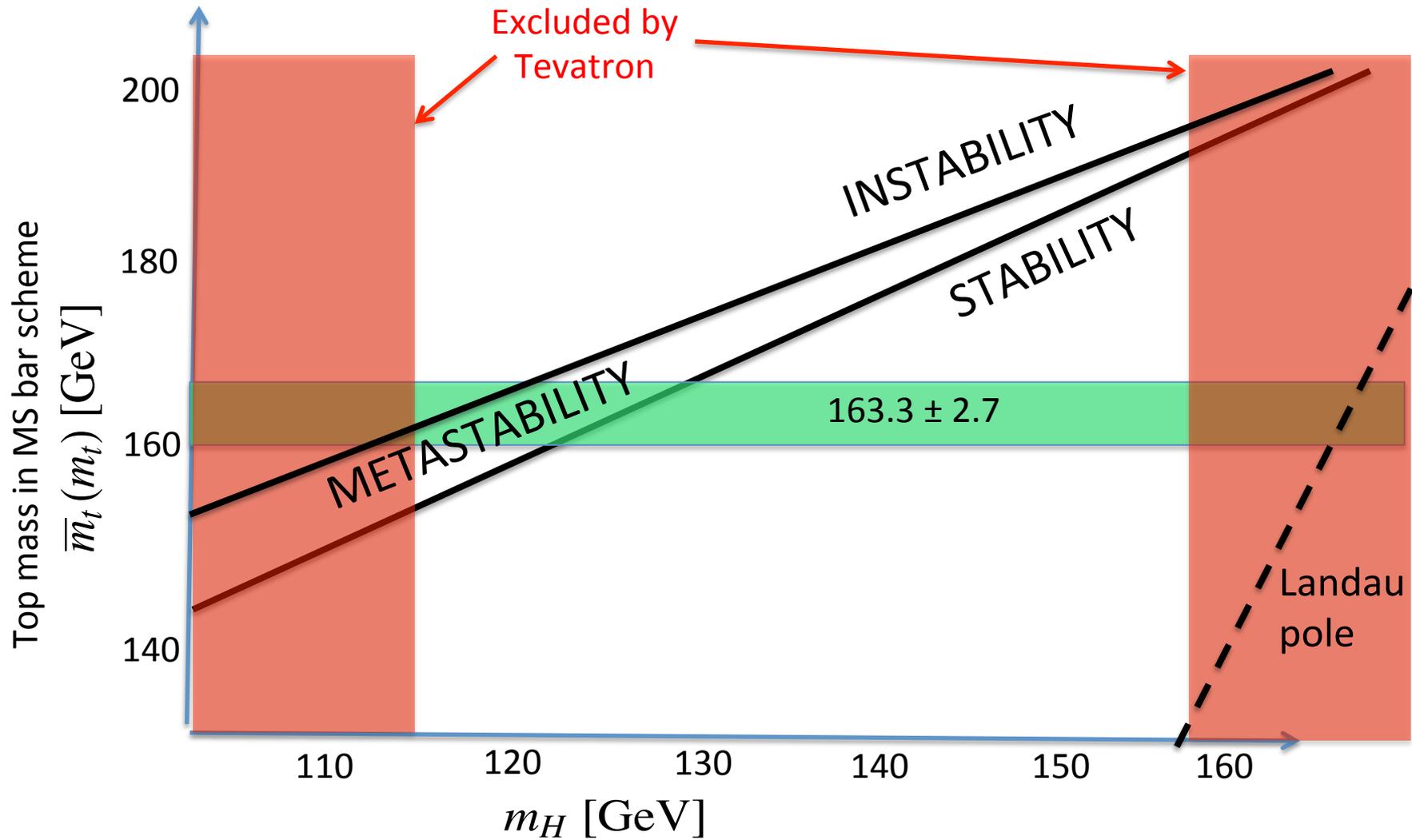
metastable

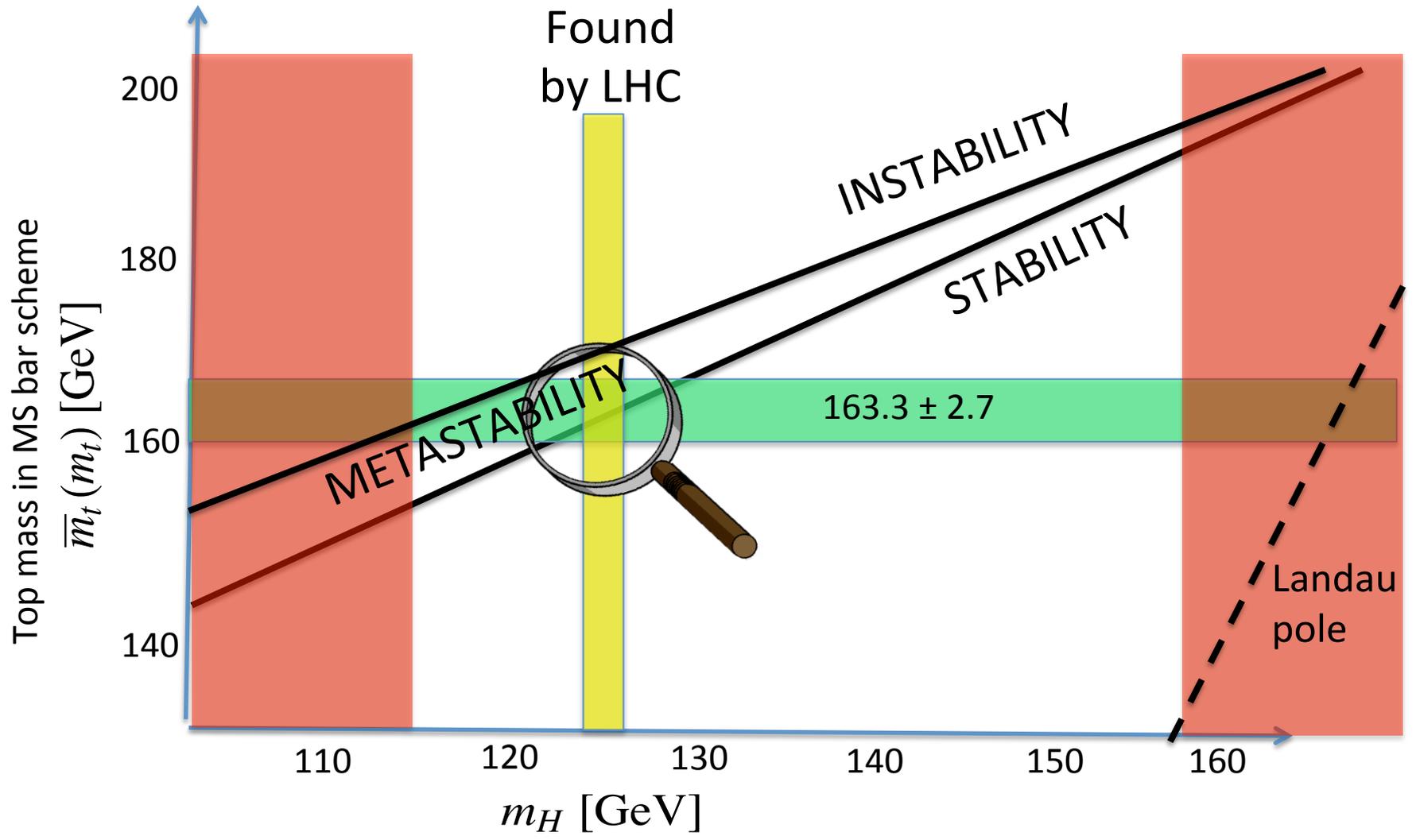


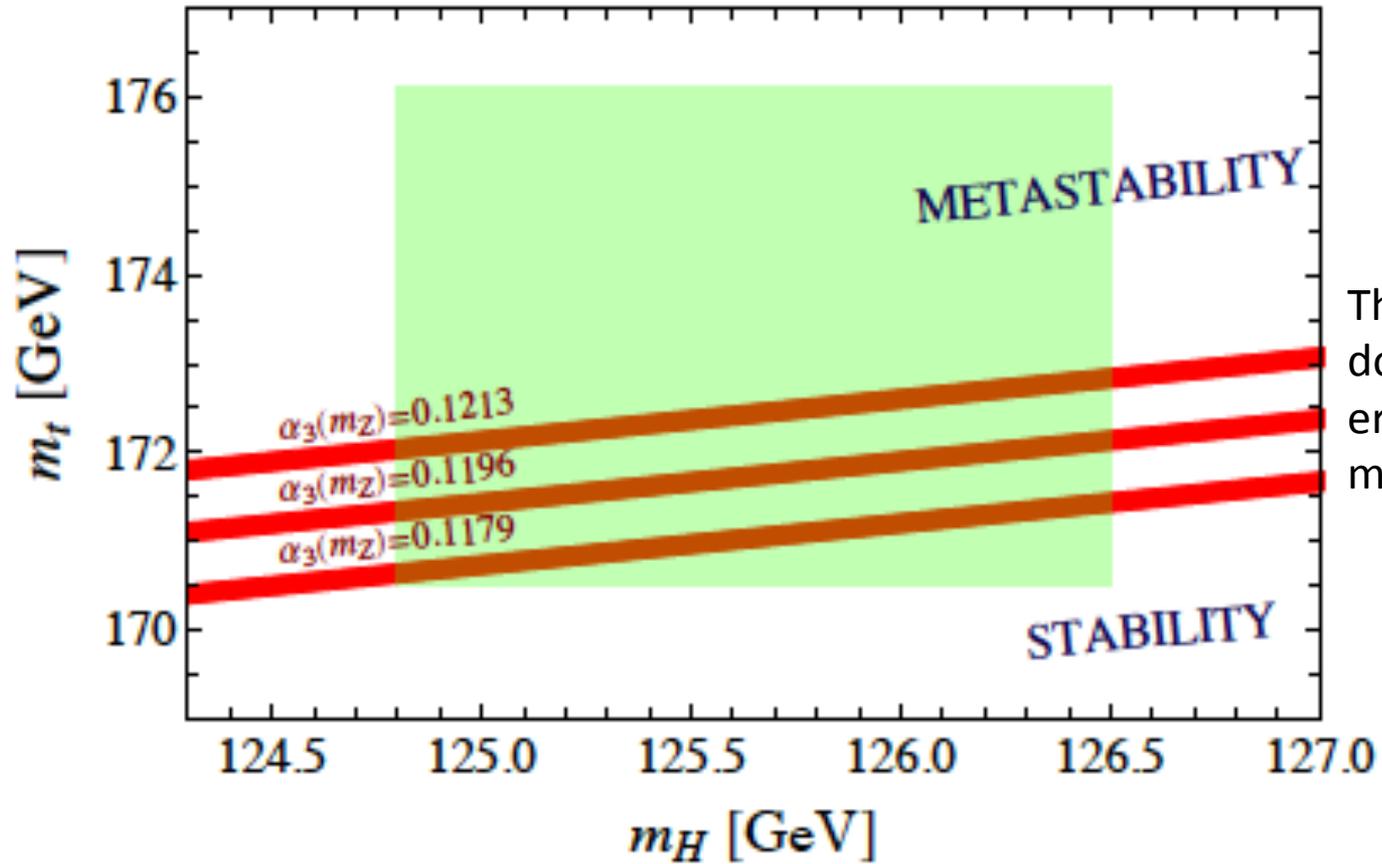
even deeper: unstable

RESULTS







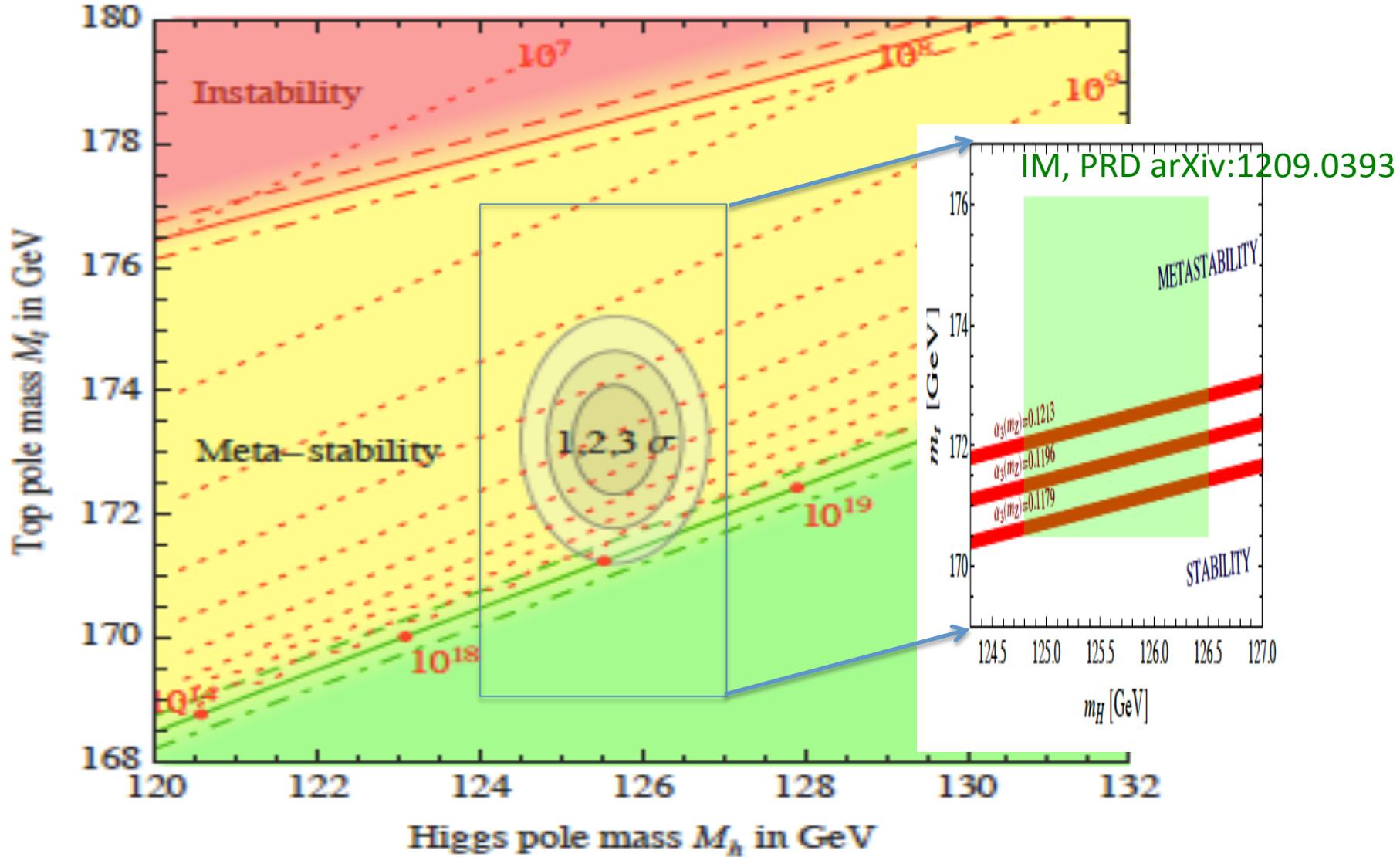


STABILITY BOUND

$$\overline{m}_t(m_t)[\text{GeV}] \leq 162.0 + 0.47 (m_H[\text{GeV}] - 126) + 0.7 \left(\frac{\alpha_3(m_Z) - 0.1196}{0.0017} \right) - 0.2_{th}^{(\mu_\lambda)}$$

...essentially agrees with results obtained via the other method for: $m_t = \overline{m}_t + 10 \text{ GeV}$

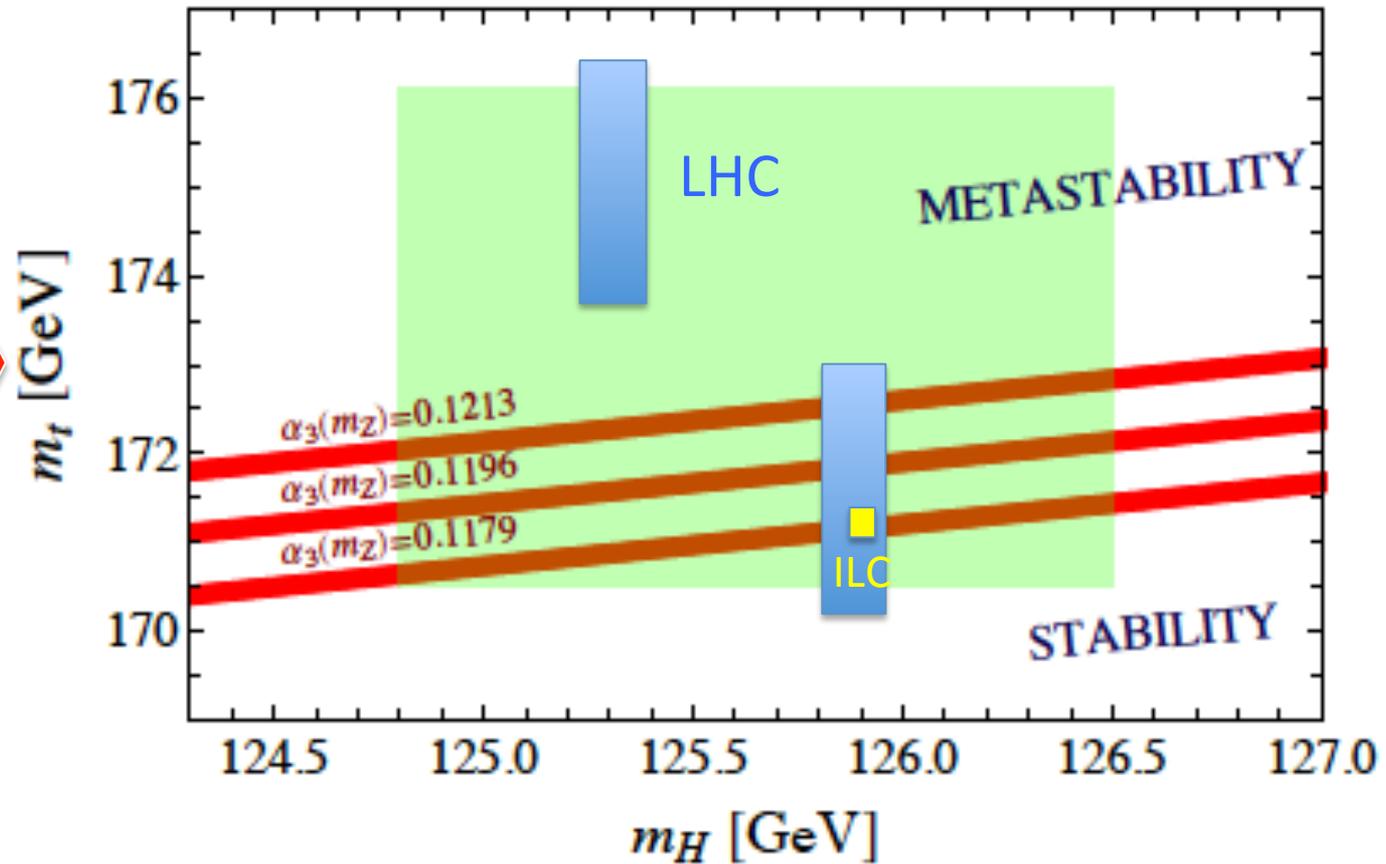
Fig from: Buttazzo Degrandi Giardino Giudice Sala Salvio Strumia, JHEP 1307.3536



... anyway results are essentially the same!

PROSPECTS

NEED MORE
PRECISE
MEASURE



For a recent paper on the determination of m_t see e.g. S. Frixione 1407.2763

Possible to **stabilize** the Higgs potential
in case it will turn out that the SM one is metastable?

YES! e.g. extend the SM by including **scalar**

[J.Elias-Miro, J.R.Espinosa, G.F.Giudice, H.M.Lee , 1203. 0237]

...instead seesaw neutrinos could destabilize!

2)

Higgs inflation

Now that we have some idea of the shape of SM Higgs potential “hill”,
is it possible to exploit it for inflation?



YES! If, for some reason, there has been a period in which the Hubble rate was dominated by a nearly constant $V_H > 0$

$$\left(\frac{\dot{a}(t)}{a(t)}\right)^2 \equiv H(t)^2 \cong \frac{V_H(\mu_0)}{3M_{Pl}^2}$$

V_H acts as cosmological constant term



$$a(t) \propto e^{Ht}$$

EXPONENTIAL EXPANSION

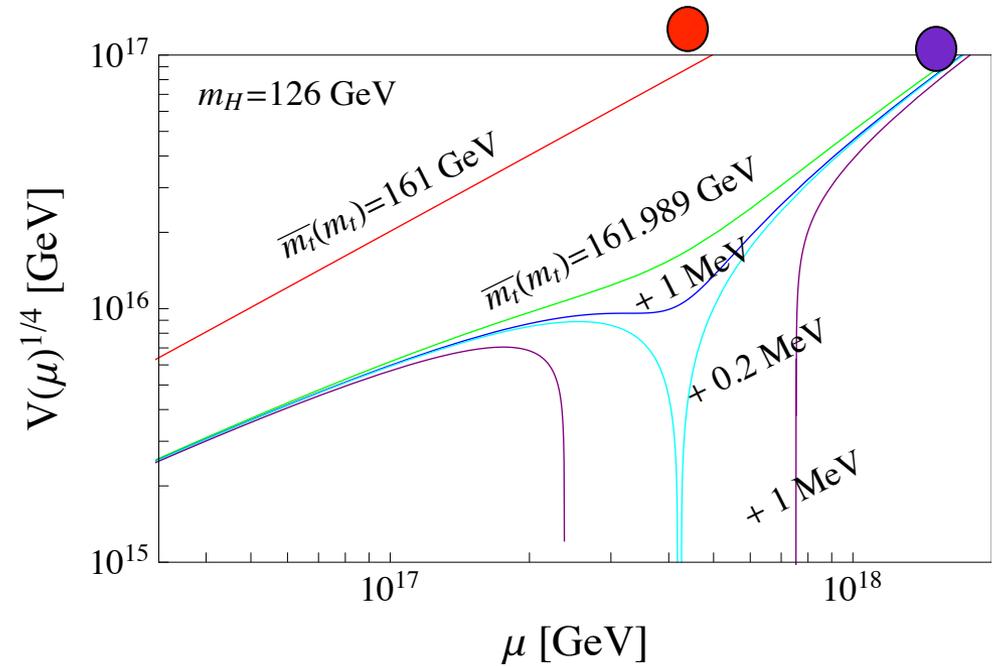
$$(\phi < M_{Pl})$$

Small field:

does not work in the “pure”
SM (without any addition)

because

there is **no slow roll** in general



$$(\phi < M_{Pl})$$

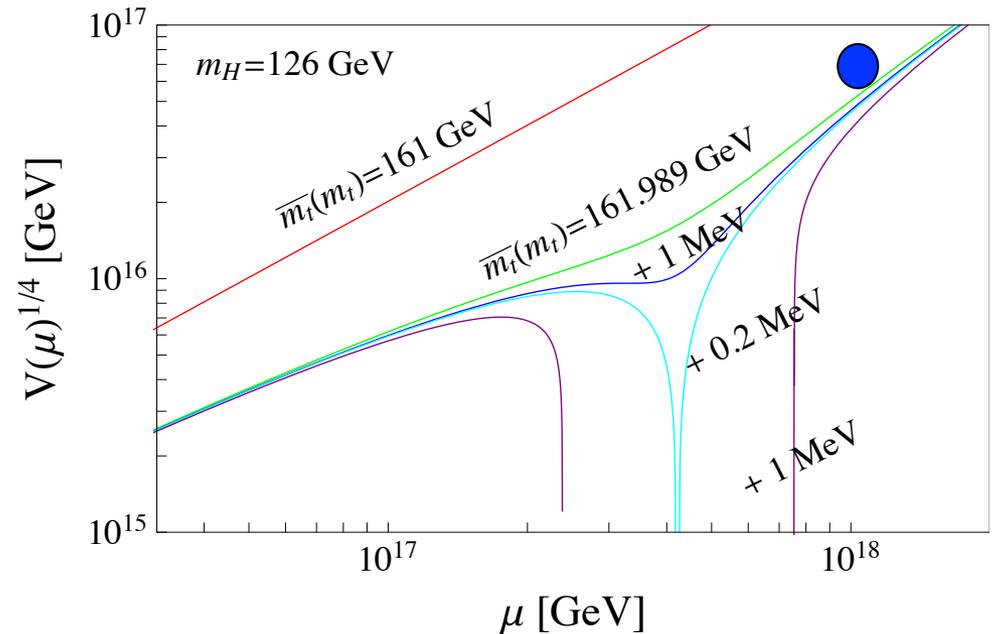
Small field:

does not work in the “pure”
SM (without any addition)

With an **inflection point**
slow roll can occur ...

...but there are not enough e-folds for inflation

[see e.g. G.Isidori V.Rychkov A.Strumia N.Tetradis, 0712.0242]



These conclusions holds for a **rolling** Higgs having **canonical kinetic term** and **minimal coupling to gravity**

$$S = \int d^4x \sqrt{-g} \left(\frac{M^2}{2} R - \frac{1}{2} (\partial h)^2 - \frac{\lambda}{4} (h^2 - v^2)^2 \right)$$

There would arise possibilities that the SM Higgs field is the inflaton if we loose the above assumptions

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Note: A blue bracket and the text '+ξ h²' are drawn over the M² term in the original image.

There would arise possibilities that the SM Higgs field is the inflaton if we loose the above assumptions

1

Flatten the Higgs potential:
e.g. via **non-minimal** gravitational coupling
(new inflation = slow roll)

These conclusions holds for a **rolling** Higgs having **canonical kinetic term** and **minimal coupling to gravity**

$$S = \int d^4x \sqrt{-g} \left(\frac{M^2}{2} R - \frac{1}{2} (\partial h)^2 - \frac{\lambda}{4} (h^2 - v^2)^2 \right) \quad \text{+curvaton}$$

There would arise possibilities that the SM Higgs field is the inflaton if we loose the above assumptions

2

The Higgs is **not rolling** but is trapped in a **false vacuum** (=old inflation); another slow rolling field acts as curvaton and as a clock to end inflation

The NEW DATA from BICEP2



17 March 2014: [arXiv:1403.3985](https://arxiv.org/abs/1403.3985)

detected B-modes (curl component) of the polarization of the CMB at the level of

tensor-to-scalar
ratio of amplitudes

$$r = 0.20^{+0.07}_{-0.05}$$

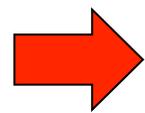
disfavouring $r = 0$ at the level of 7σ (5.9σ after foreground subtraction)

In a model where slow-roll is applicable

$$(2.20 \pm 0.05) \times 10^{-9} \text{ at } k_0 = 0.002 \text{ Mpc}^{-1}$$

$$\Delta_R^2 = \frac{2}{3\pi^2} \frac{1}{r} \frac{V(\chi_0)}{M_{\text{Pl}}^4}$$

$$0.20^{+0.07}_{-0.05}$$



$$V^{1/4} \approx 2 \times 10^{16} \text{ GeV}$$

EXAMPLE 1

Non-minimal coupling Higgs Inflation
(new inflation type)

BIBLIOGRAPHY

F.Bezrukov M.Shaposhnikov, 0710.3755

“The Standard Model Higgs boson as the inflaton” Phys.Lett. B659 (2008) 703

Following papers also in collaboration with **Gorbunov, Magnin, Sibiryakov, Kalmykov, Kniehl**
0812.4950, 0904.1537, 1008.5157, 1111.4397, 1205.2893

A.O.Barvinsky A.Kamenshchik C.Kiefer A.Starobinsky C.Steinwachs
0809.2104, 0910.1041

A. De Simone, M.P. Hertzberg F. Wilczek, 0812.4946

L.A. Popa, N. Mandolesi, A. Caramete, C. Burigana, 0907.5558, 0910.5312, 1009.1293

H.M. Lee G.Giudice O. Lebedev, 1010.1417, 1105.2284

H.M. Lee 1301.1787

etc

After BICEP2, see e.g.

F.Bezrukov M.Shaposhnikov, 1403.6078

Y.Hamada H.Kawai K.Oda S.C.Park 1403.5043

Non minimal coupling
of Higgs with gravity

$$1 + \frac{\xi h^2}{M^2}$$

SM Higgs potential

$$\frac{\lambda}{4} (h^2 - v^2)^2$$

$$S = \int d^4x \sqrt{-g} \left(-\frac{M^2}{2} f(h) R + \frac{1}{2} \partial_\mu h \partial^\mu h - V(h) \right)$$

Non minimal coupling
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SM Higgs potential

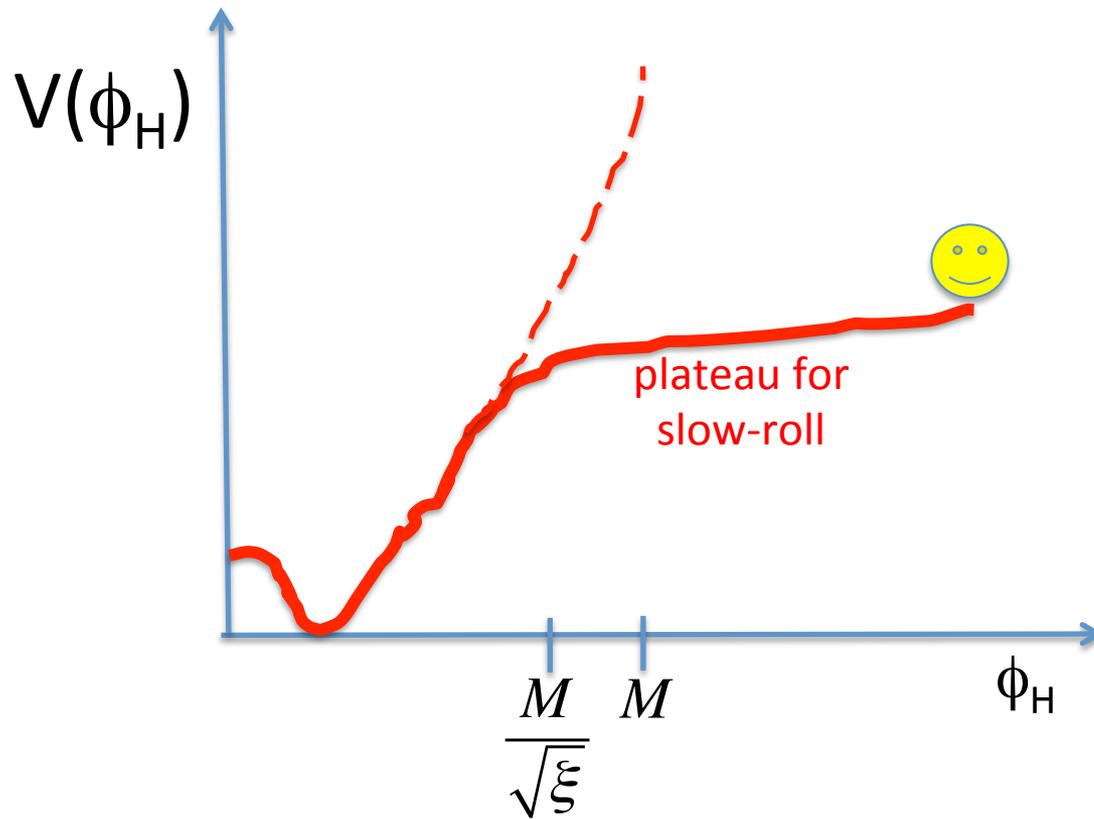
$$\frac{\lambda}{4} (h^2 - v^2)^2$$

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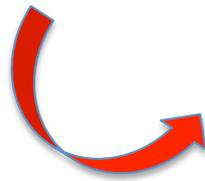
Upon conformal transformation
to Einstein frame and
redefinition of Higgs field to
have canonical kinetic term

Higgs potential
flattened below
Planck scale

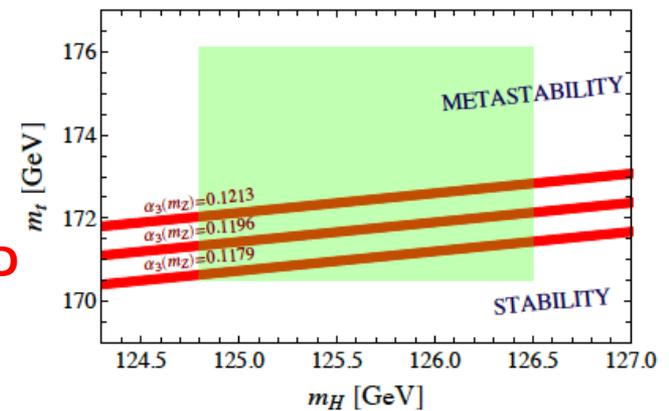
$$S_E = \int d^4x \sqrt{-\hat{g}} \left(-\frac{M^2}{2} \hat{R} + \frac{\partial_\mu \chi \partial^\mu \chi}{2} - \frac{\frac{\lambda}{4} h^4}{\left(1 + \frac{\xi h^2}{M^2}\right)^2} \right)$$



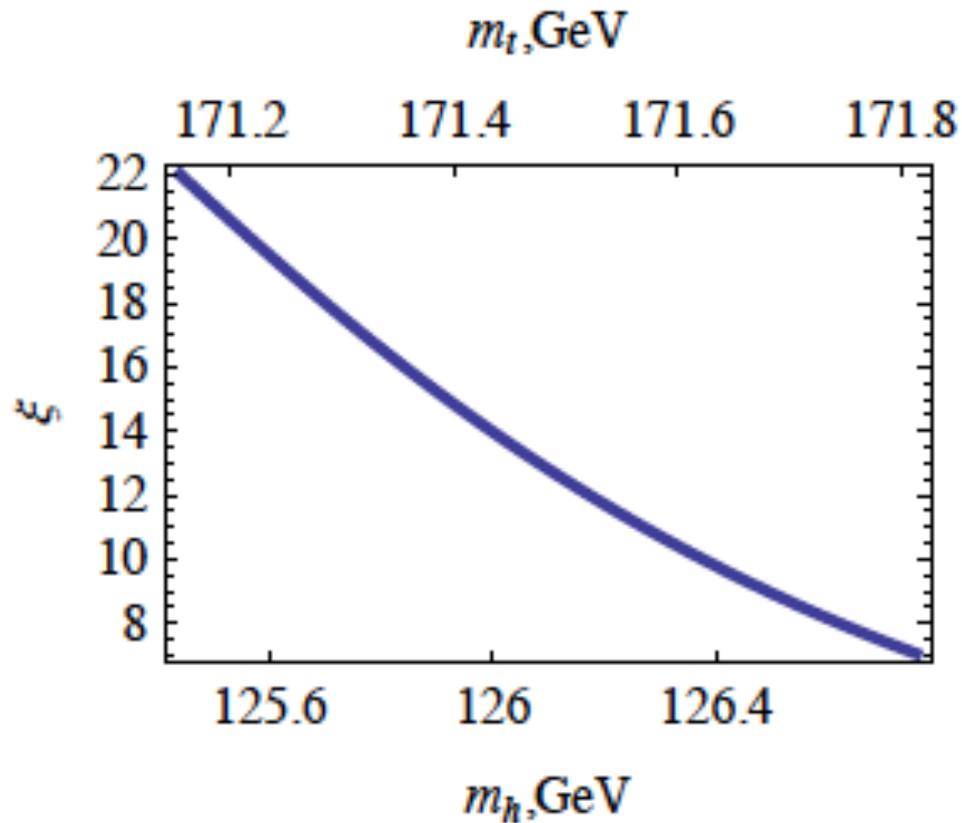
A configuration more (or as stable as) an inflection point is necessary for Higgs inflation via non-minimal gravitation couplings



stay on RED BAND



A non-minimal coupling of about 10 might do the job
(for quite low m_t and quite high m_H)



F.Bezrukov M.Shaposhnikov, 1403.6078

EXAMPLE 2

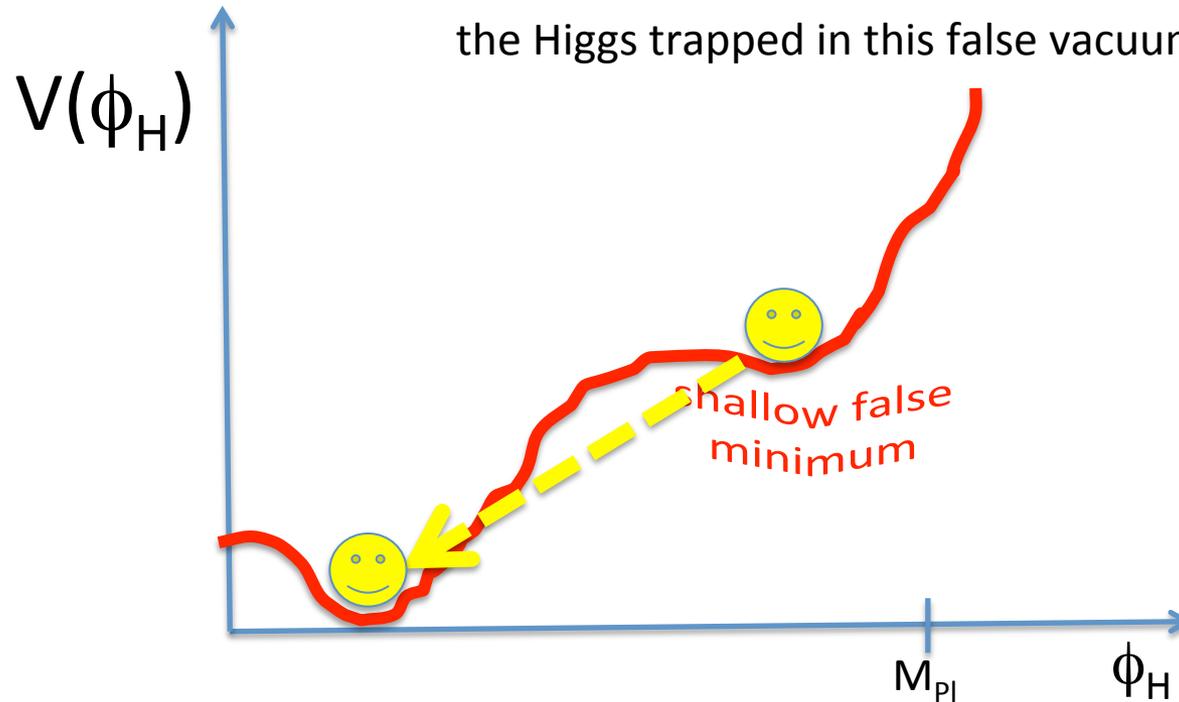
Shallow false minimum
(old inflation type revisited)

BIBLIOGRAPHY

I.M. A.Notari, Phys.Rev. D85 (2012) 123506 [1112.2659],
Phys.Rev.Lett. 108 (2012) 191302 [1112.5430],
JCAP 1211 (2012) 031 [1204.4155]

After BICEP2, see e.g. I.M., PRD 1403.5244

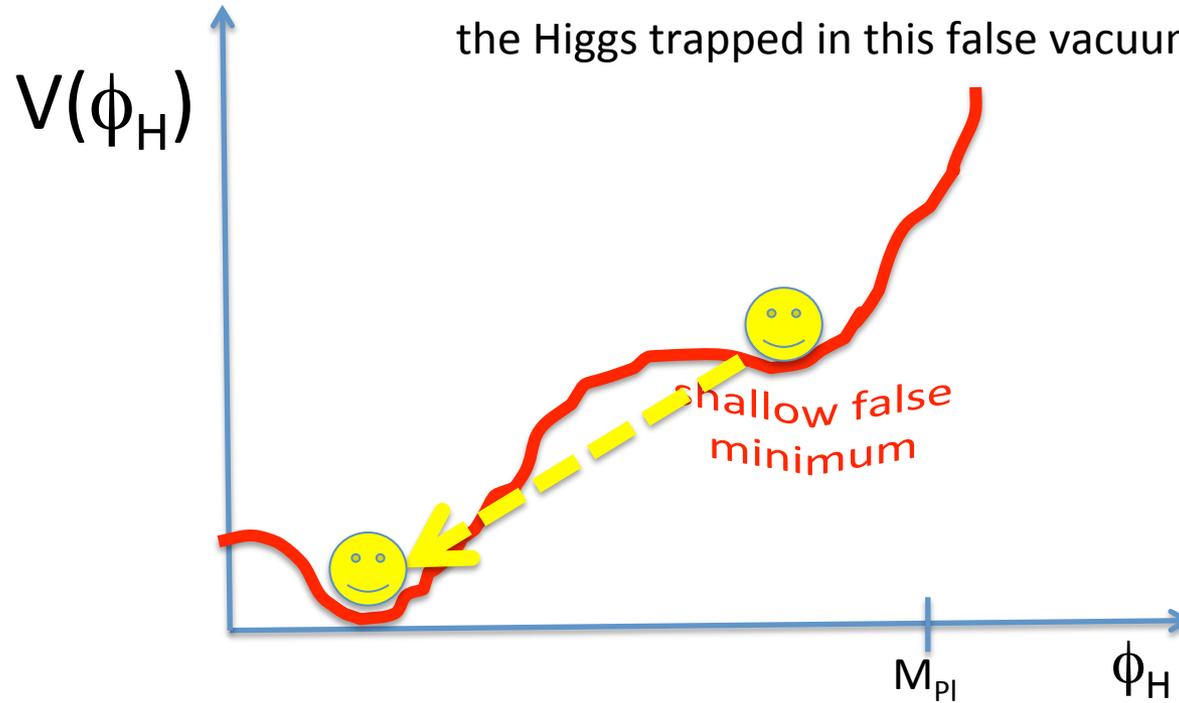
assume that the Universe started with the Higgs trapped in this false vacuum



Inflation ends thanks to some other mechanism

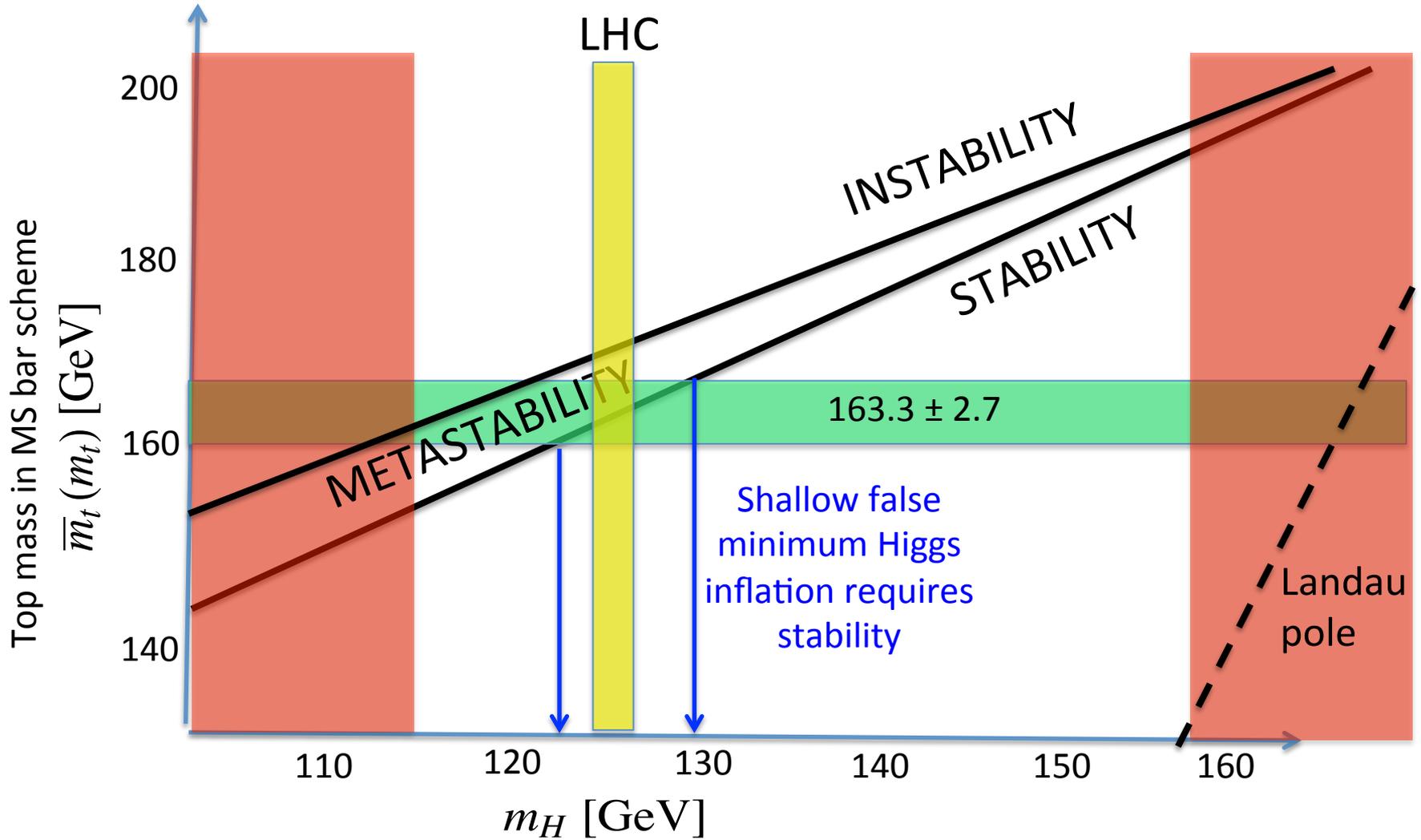
In this scenario the Higgs cannot be the curvaton

assume that the Universe started with the Higgs trapped in this false vacuum

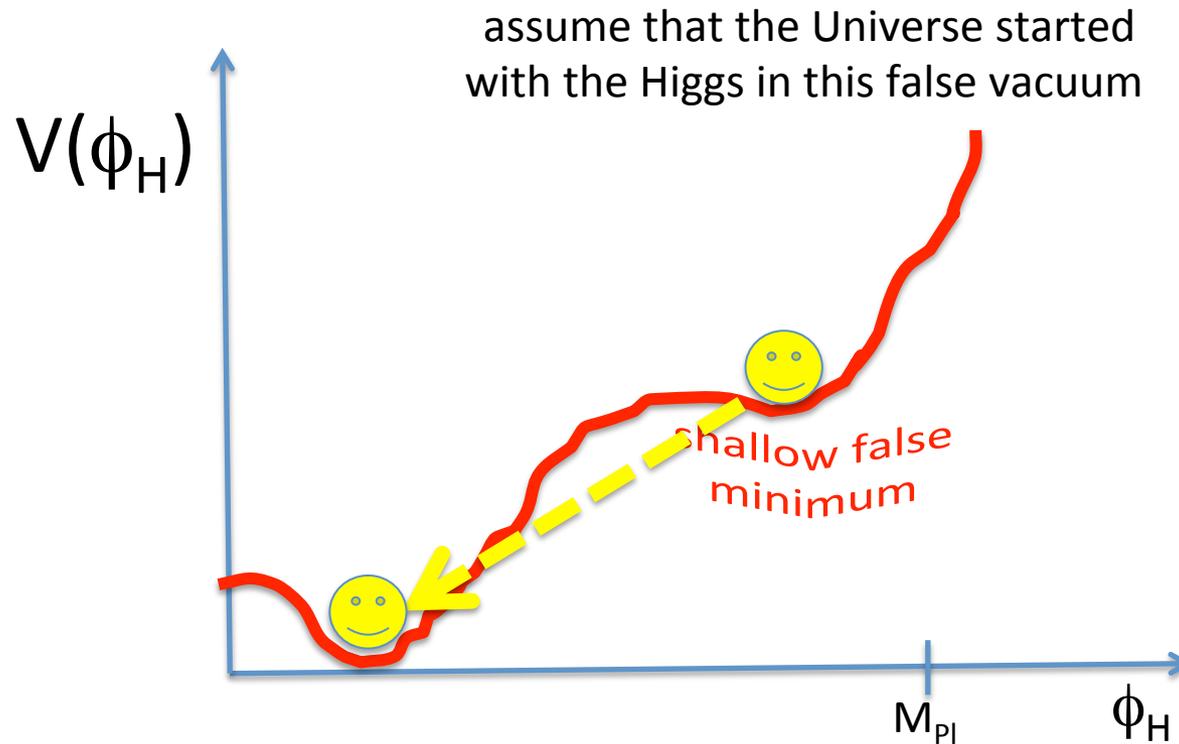


NB 1. This scenario required $m_H = 123-130$ GeV (before Higgs discovery)

Before LHC...



Prediction that m_H is in the range 123-130 GeV appeared on the arXiv before LHC 3σ announcement [I.M. A.Notari 1112.2659]



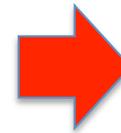
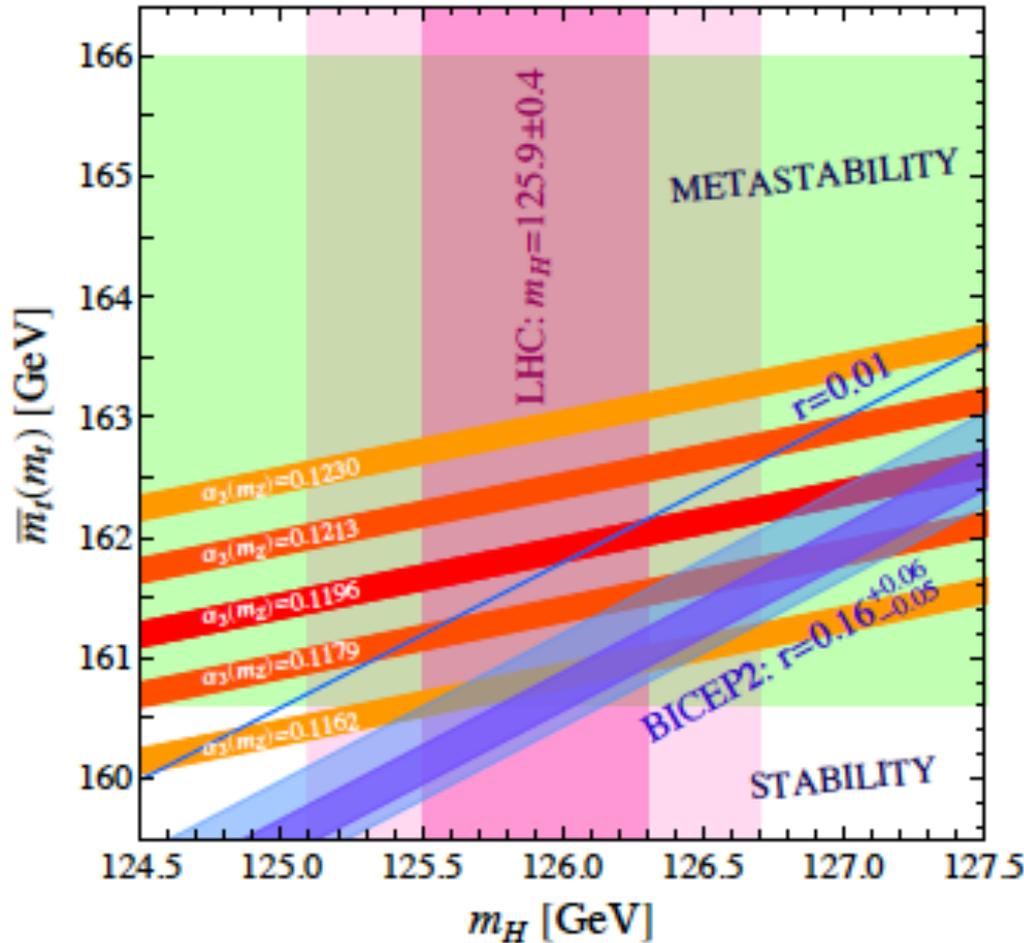
NB 1. This scenario required $m_H = 123-130$ GeV (before Higgs discovery)

NB 2. Clean prediction for r (n_s is instead model dependent)

$$2 \times 10^{-9} \approx \Delta_R^2 = \frac{2}{3\pi^2} \frac{1}{r} \frac{V_H(\mu_0)}{M^4}$$

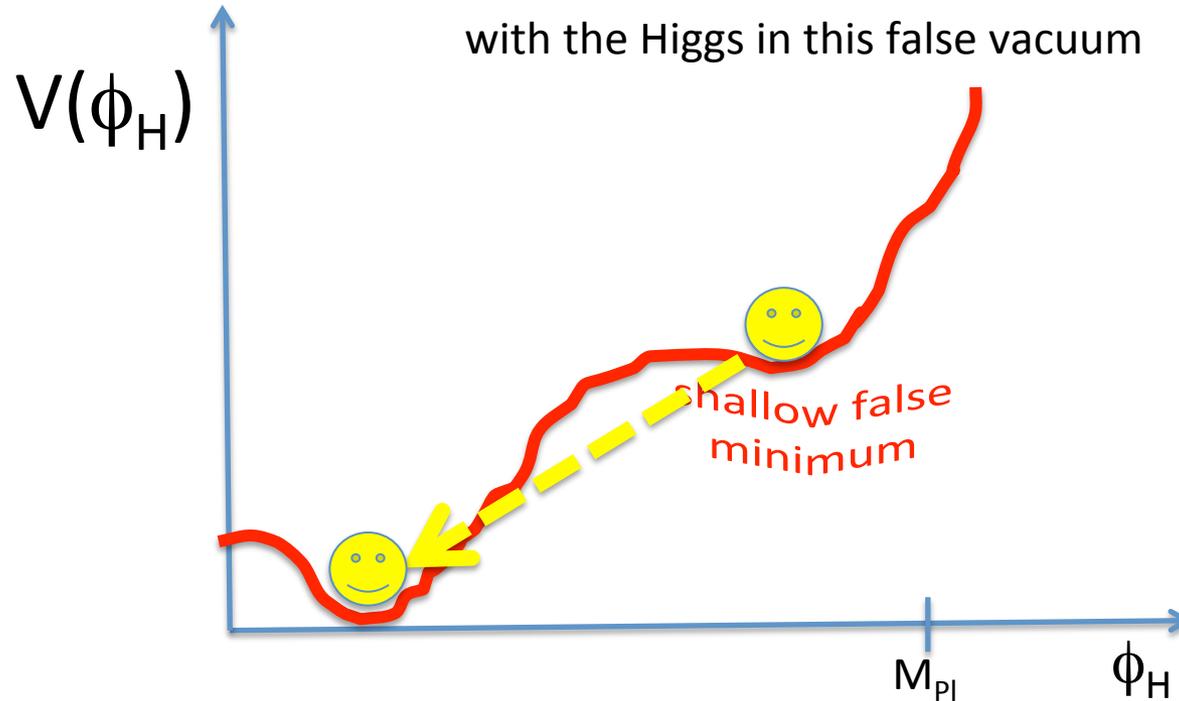
determined by m_H
(m_t chosen in order to have false minimum)

IM, PRD 1403.5244



BICEP2 can be accommodated within 2σ :
 large m_H
 small m_t
 small $\alpha_3(m_Z)$

assume that the Universe started with the Higgs in this false vacuum



Realizations of the scenario:

A model in scalar-tensor gravity
IM Notari, arXiv:1112.2659,

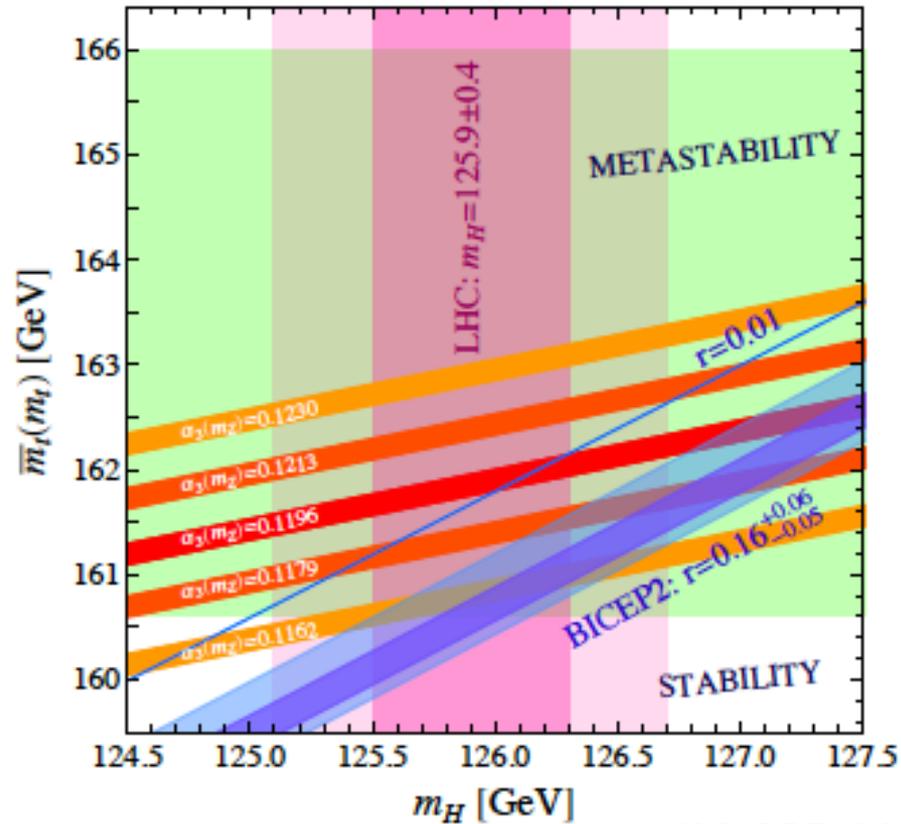
Not satisfactory but maybe...

~~& a model with hybrid inflation
1204.4155~~

~~KO because of r and n_s
[see e.g. Fairbairn et al 1403.7483]~~

Anyway...

the numerical concordance is so intriguing



IM, PRD 1403.5244



worth to develop more models to better explore the idea of shallow false minimum Higgs inflation

CONCLUSIONS



- 1) Stability/Metastability of the Higgs potential in the SM:
calls for more precise measurement of top mass

- 2) SM Higgs inflation models:
seem promising and calls for confirmation of r



CONCLUSIONS



- 1) Stability/Metastability of the Higgs potential in the SM:
calls for more precise measurement of top mass

- 2) SM Higgs inflation models:
seem promising and calls for confirmation of r



The measured value
of the Higgs boson mass is intriguing!!

backup

Main **difficulty** of the false vacuum scenario:
provide a **graceful exit** from inflation

To end inflation the field have to tunnel by nucleating bubbles
which eventually collide and reheat the Universe.

If

$$H^4 \gg \Gamma$$

nucleation rate per
unit time and volume



There are enough e-folds of inflation

...but an insufficient number of bubbles is produced inside a Hubble horizon...

A graceful exit would require
that after some time

$$H^4 \leq \Gamma$$

But in **standard gravity** as both are time-independent:
That's why old inflation [Guth '80] was abandoned

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Time dependent H is possible e.g. in a **scalar-tensor** theory of gravity

For power-low expansion
(extended or hyperextended inflation)

C.Mathiazhagan V.B.Johri, 1984

D.La P.J.Steinhardt, 1989

P.J.Steinhardt F.S.Accetta, 1990

For exponential expansion followed by power-low

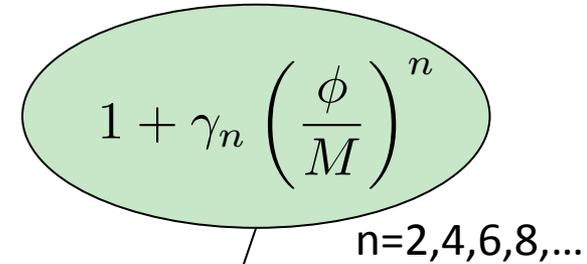
T.Biswas F.Di Marco A.Notari, 2006

Higgs false vacuum inflation via scalar-tensor gravity

[IM Notari, arXiv:1112.2659]

A new scalar ϕ decoupled from the SM
but coupled to gravity

$$-S = \int d^4x \sqrt{-g} \left[\mathcal{L}_{SM} + \frac{(\partial_\mu \phi \partial^\mu \phi)}{2} - \frac{M^2}{2} f(\phi) R \right]$$


$$1 + \gamma_n \left(\frac{\phi}{M} \right)^n$$

$n=2,4,6,8,\dots$

Higgs false vacuum inflation via scalar-tensor gravity

[IM Notari, arXiv:1112.2659]

A new scalar ϕ decoupled from the SM
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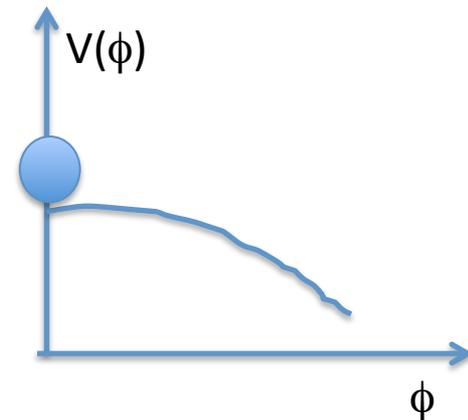
$$-S = \int d^4x \sqrt{-g} \left[\mathcal{L}_{SM} + \frac{(\partial_\mu \phi \partial^\mu \phi)}{2} - \frac{M^2}{2} f(\phi) R \right]$$

$$1 + \gamma_n \left(\frac{\phi}{M} \right)^n$$

Einstein frame potential is dominated by the Higgs field

$$\bar{V}(\Phi) = V_H(\chi_0) \left(1 - 2\gamma_n \left(\frac{\Phi}{M} \right)^n + \dots \right)$$

→ exponential inflation until ϕ becomes large
and H decreases. Power law inflation stage
then allows Higgs tunnelling with efficient
bubble production and collisions



Quantum fluctuations in ϕ generate the spectrum of density perturbations with

$$n_S \approx 1 - \frac{n-1}{n-2} \frac{2}{\bar{N}}$$

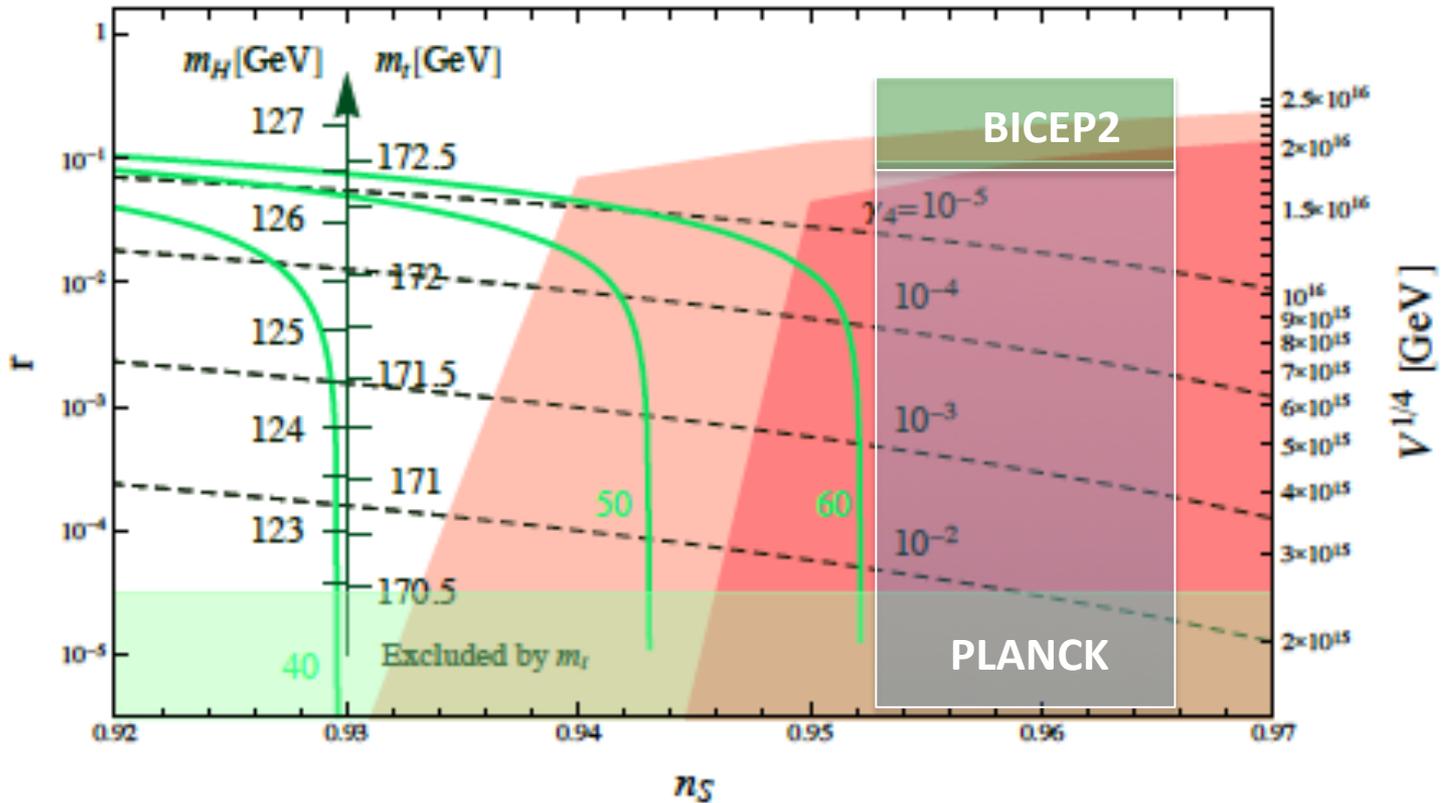
Number of e-folds

Quantum fluctuations in ϕ generate the spectrum of density perturbations with

$$n_S \approx 1 - \frac{n-1}{n-2} \frac{2}{\bar{N}}$$

← Number of e-folds

$n=4$

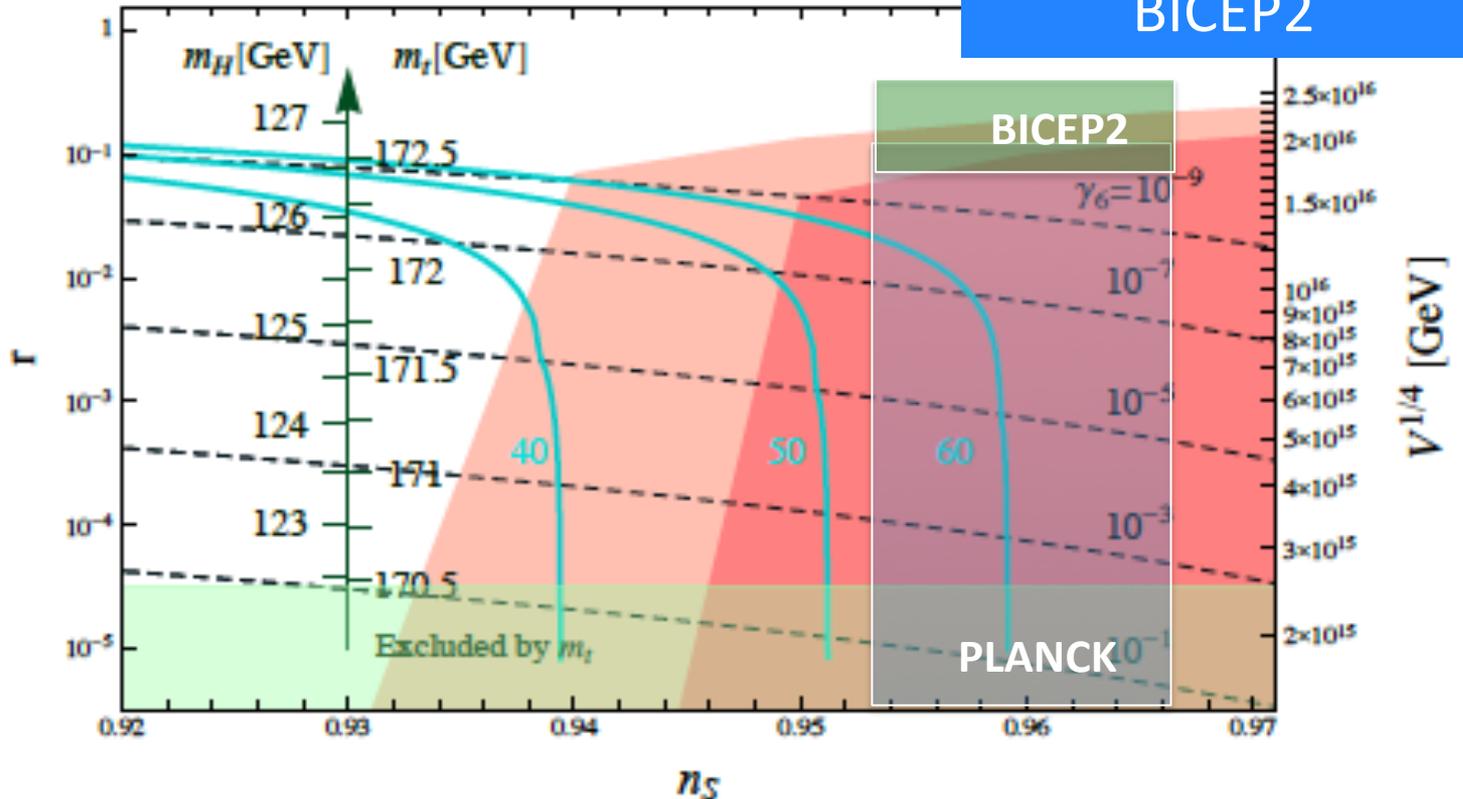


Quantum fluctuations in ϕ generate the spectrum of density perturbations with

$$n_S \approx 1 - \frac{n-1}{n-2} \frac{2}{\bar{N}}$$

$n=6$

Marginally consistent with BICEP2

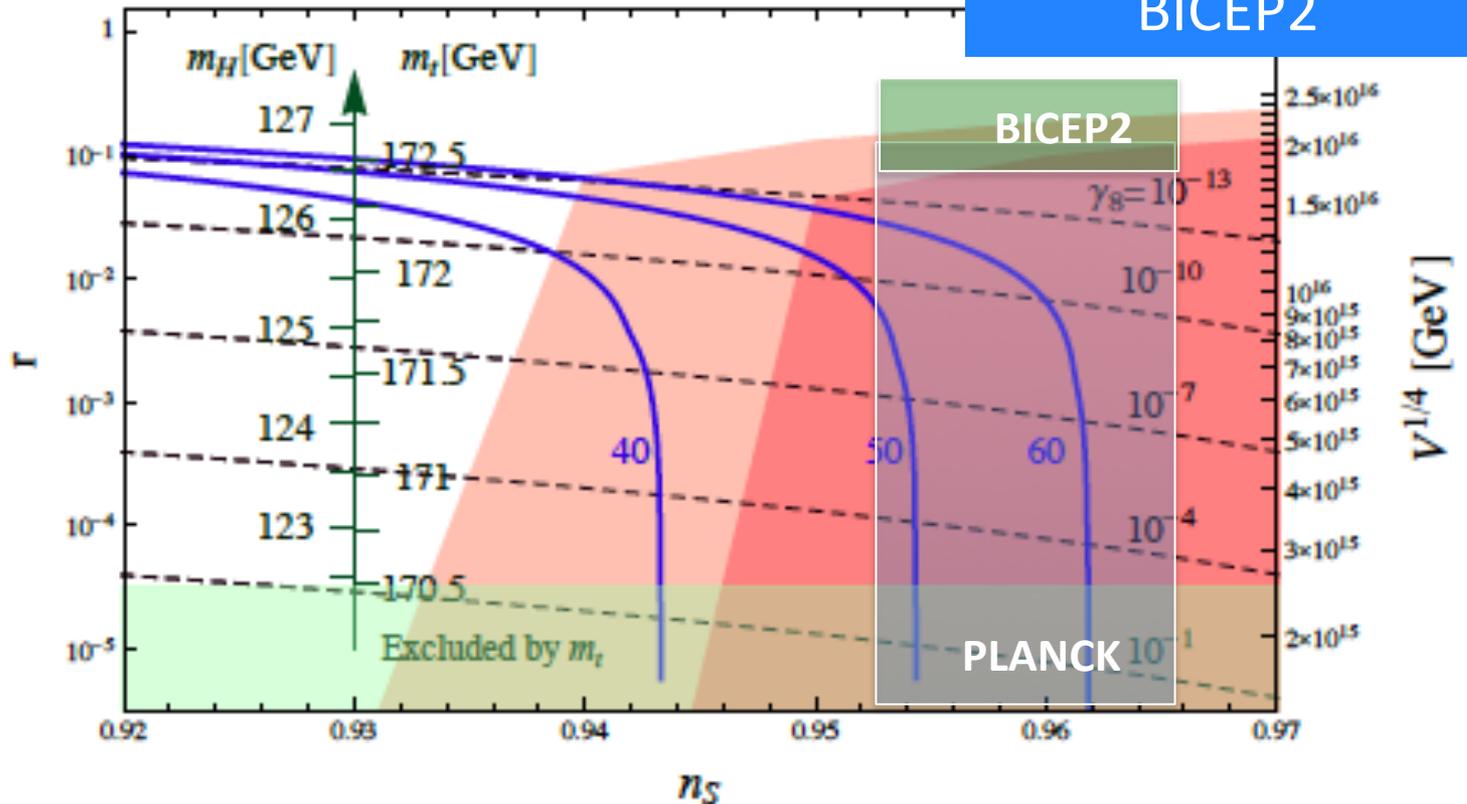


Quantum fluctuations in ϕ generate the spectrum of density perturbations with

$$n_S \approx 1 - \frac{n-1}{n-2} \frac{2}{\bar{N}}$$

$n=8$

Marginally consistent with BICEP2



3)

Effect of neutrinos on the shape of the Higgs potential



Type I seesaw Dirac Yukawa interactions neutrinos could destabilize V...

[Casas Ibarra Quiros, Okada Shafi, Giudice Strumia Riotto, Rodejohann Zhang, etc]

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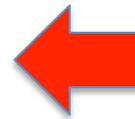
$$\mu > M_\nu$$

$$\frac{dh_\nu(t)}{dt} = \kappa h_\nu(t) \left(\frac{5}{4} h_\nu(t)^2 + \frac{3}{2} h_t(t)^2 - \frac{3}{4} g'(t)^2 - \frac{9}{4} g(t)^2 \right)$$

$$\delta\beta_\lambda^{(1)} = -3h_\nu(t)^4 + 2\lambda(t)h_\nu(t)^2, \quad \delta\beta_{h_t}^{(1)} = \frac{1}{2}h_\nu(t)^2$$

$$\mu = M_\nu$$

$$h_\nu(M_\nu) = 2\sqrt{\frac{m_\nu(M_\nu) M_\nu}{v^2}}$$



The larger is h_ν
the larger is M_ν

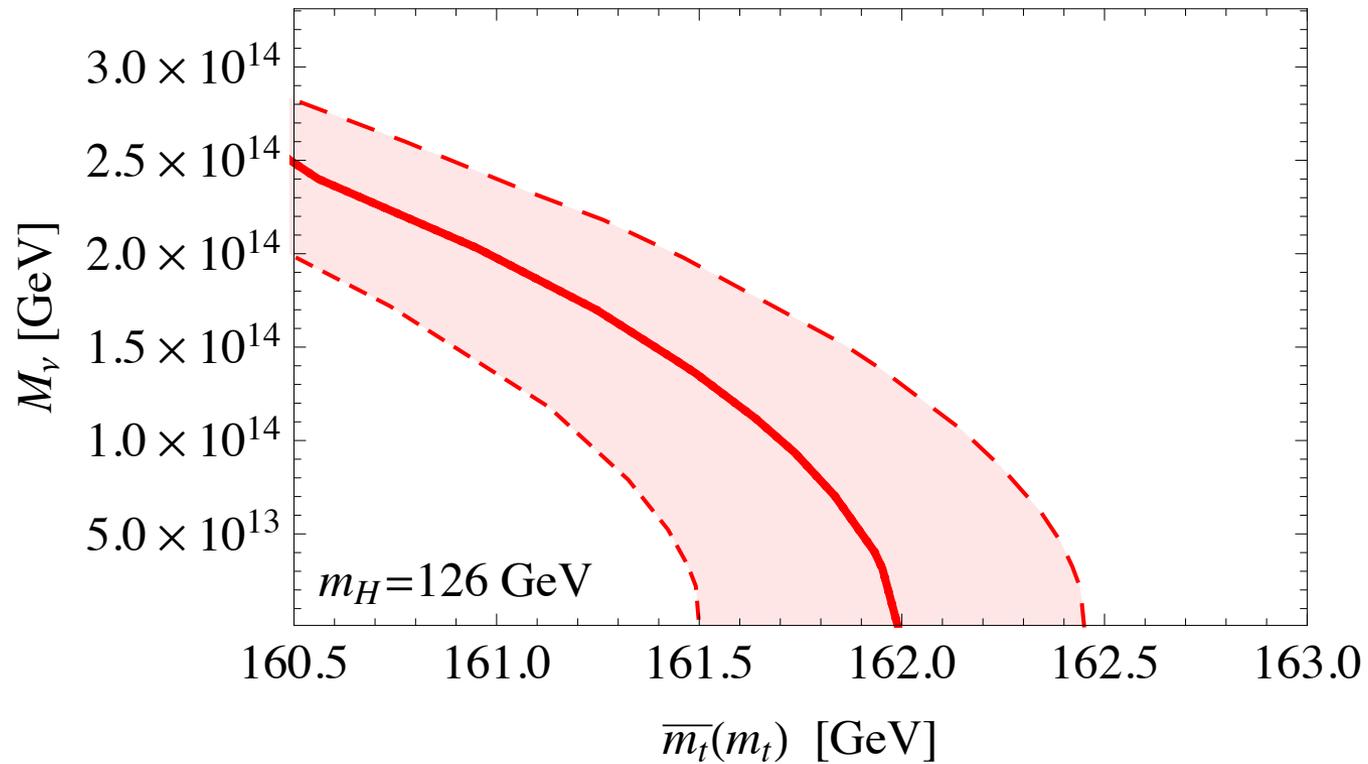
$$\mu < M_\nu$$

$$\frac{dm_\nu(t)}{dt} = \kappa \left(-3g_2(t)^2 + 6h_t(t)^2 + \frac{\lambda(t)}{6} \right) m_\nu(t) .$$

so that one matches with light neutrino masses

Requirement of stability of the Higgs potential
→ h_ν not too large → “upper bound” on M_ν

E.g. : assume one generation giving $m_\nu=0.06$ eV



The “upper bound” is even more stringent if one does not want to waste an inflection point configuration (interesting for inflation)

