

Higgs potential and inflation

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July 21 2014 SUSY2014

1210.2538(PRD), 1308.6651(PTEP), 1403.6141(PRL), 1404.6141(JHEP)

This talk

- We assume SM is valid up to high scale such as string scale $\sim 10^{17-18}$ GeV.
- 
- SM potential is flat around 10^{17-18} GeV.
 - propose Higgs inflation scenario where $\lambda \sim \beta_\lambda \sim 0$ plays crucial role.
 - discuss implications of our scenario on Higgs portal DM.

Plan

1. Higgs inflation from SM criticality
2. Z_2 scalar DM mass prediction

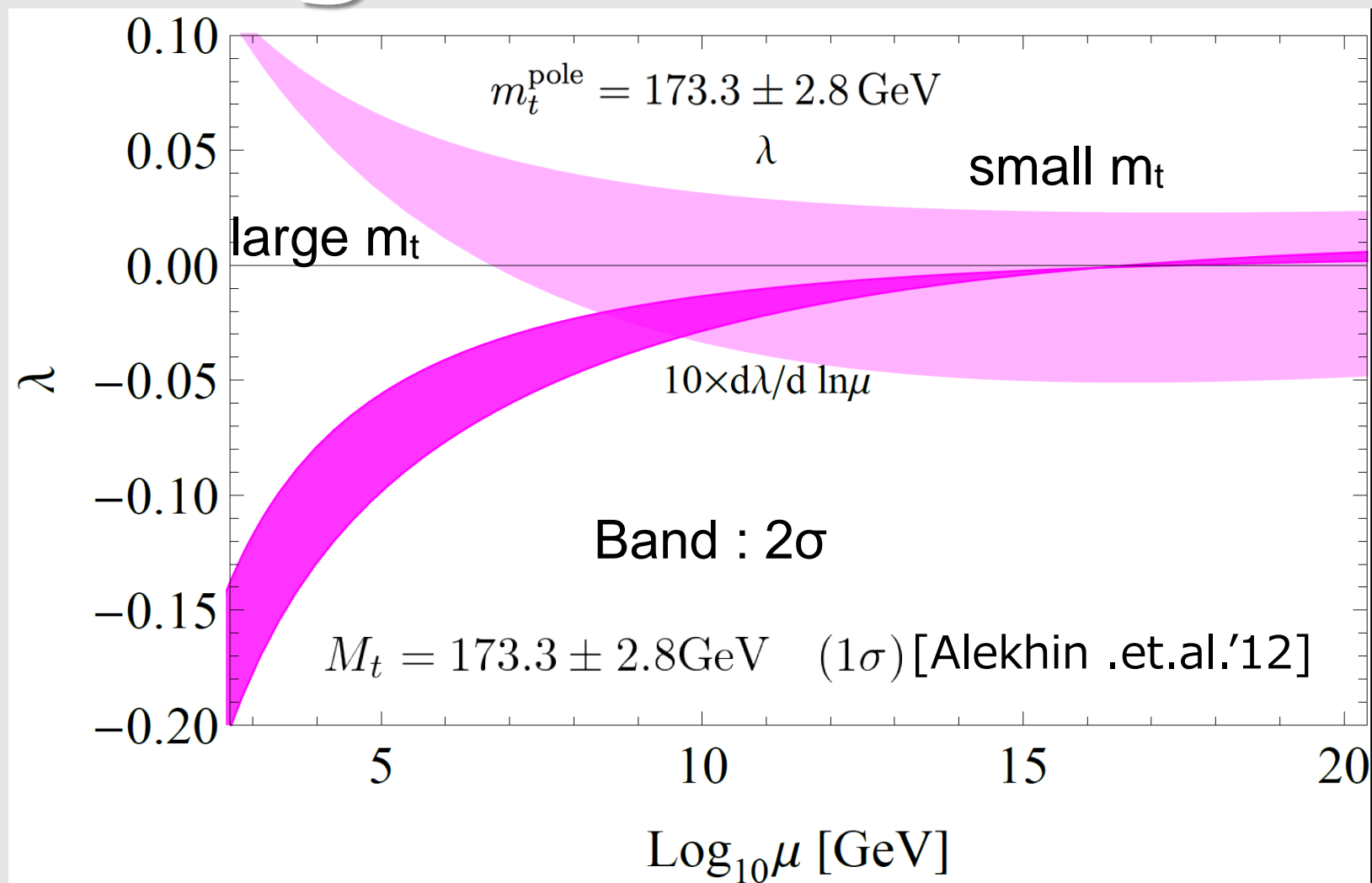
Plan

1. Higgs inflation from SM criticality
2. Z_2 scalar DM mass prediction

$\lambda \sim \beta_\lambda \sim 0$ at high scale

$$V_{\text{SM}} \simeq \frac{\lambda(\varphi)}{4} \varphi^4$$

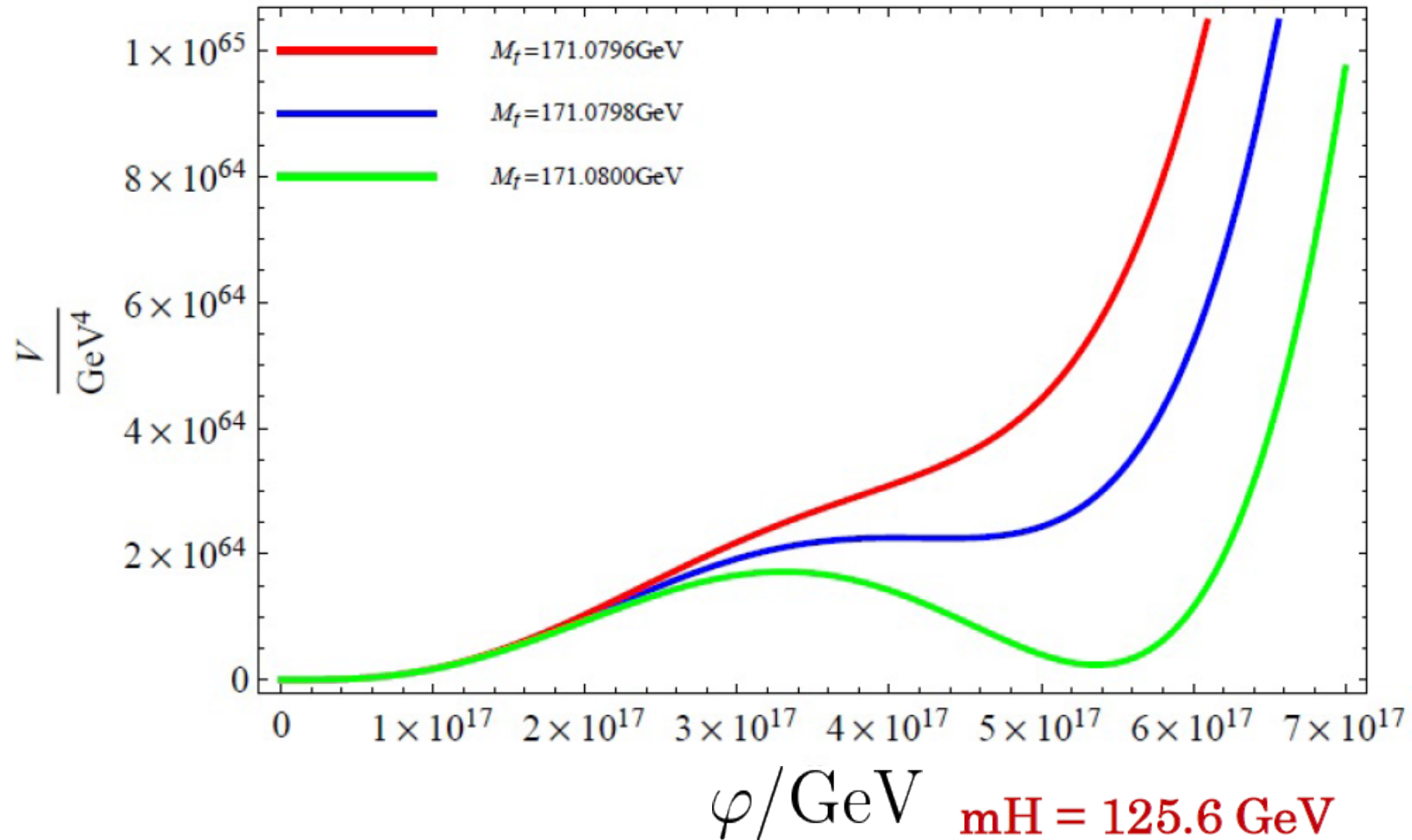
- If $M_t = 171 \text{ GeV}$, $\lambda = 0$ at $10^{17 \sim 18} \text{ GeV}$.
- β_λ also becomes zero at $10^{17 \sim 18} \text{ GeV}$.



Higgs potential at high scale

$$V_{\text{SM}} \simeq \frac{\lambda(\varphi)}{4} \varphi^4$$

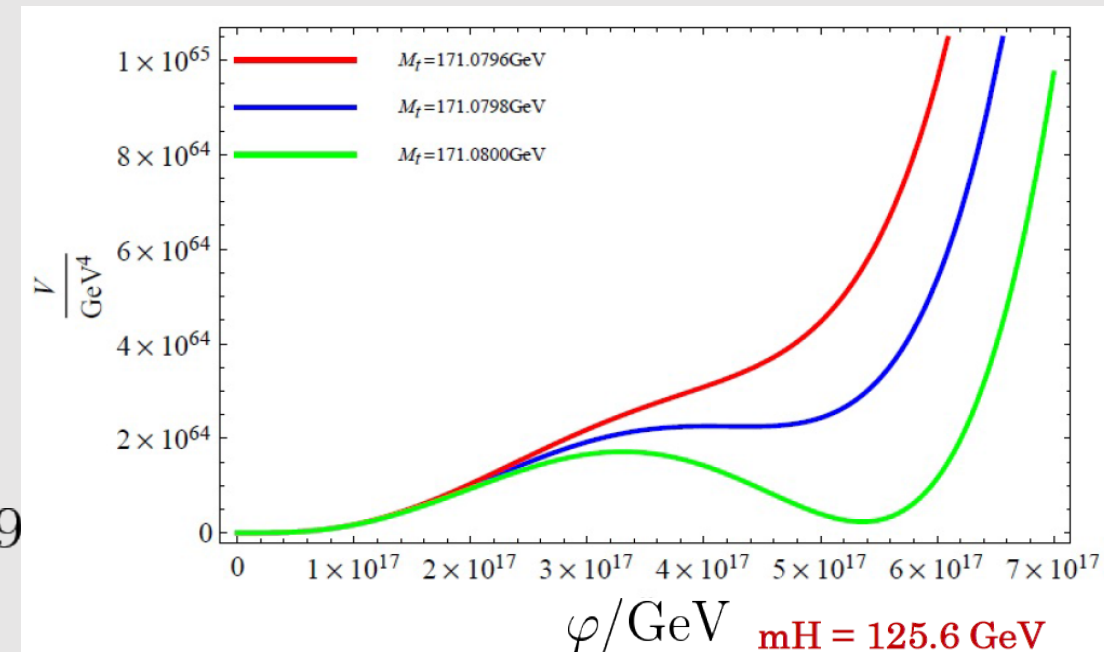
- By tuning M_t , SM potential is flat because $\lambda \sim \beta_\lambda \sim 0$.
- Inflation possible ?



No ! Too large A_s

- We can realize saddle point by tuning M_t .
- For sufficiently expansion $N_* \sim 60$, φ_* needs to be close to saddle point ($\epsilon \ll \ll 1$)
- As a result, **too large** density perturbation. ($A_s \gg 1$ in this case)

$$A_s \simeq \frac{V}{24\pi^2 M_{\text{pl}}^4 \epsilon} \quad A_s(\text{exp}) \simeq 2 \times 10^{-9}$$



Higgs inflation

1. conservative approach

We trust effective potential only below SM cutoff scale Λ , and try to make bound on parameters, Λ and M_t .

[YH,Kawai,Oda '13]

2. Radical approach

We introduce non-minimal coupling between scalar curvature and Higgs.

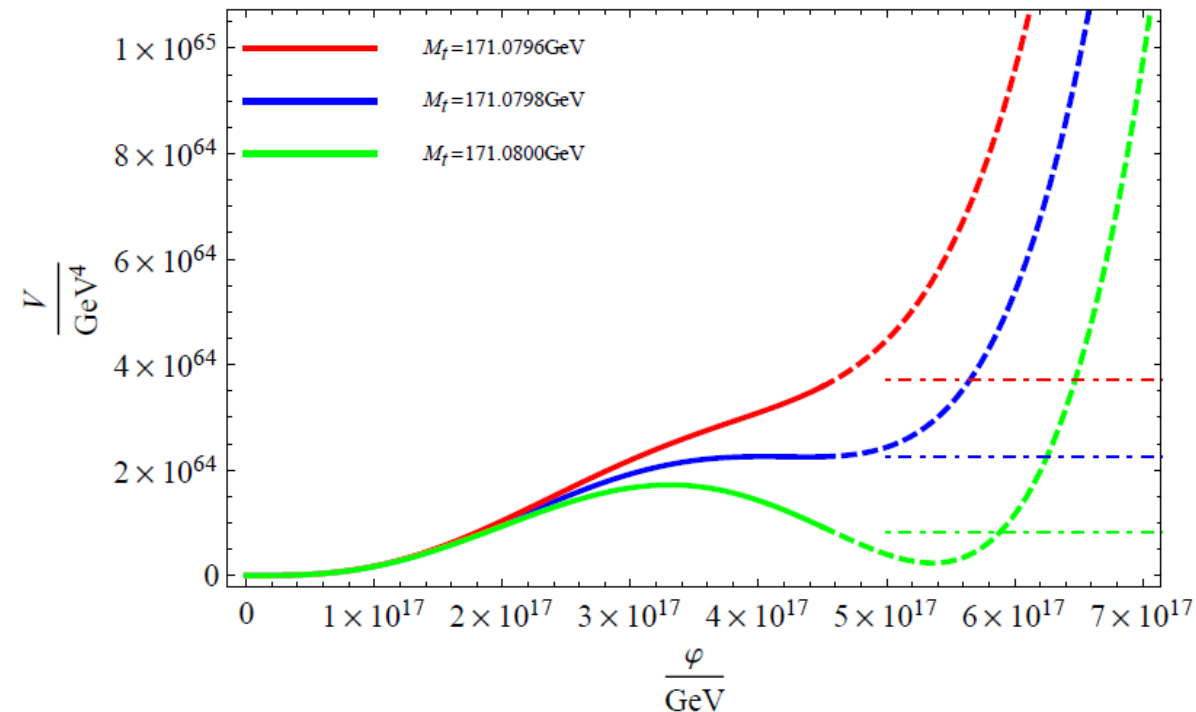
We trust flat potential at high field value.

[Bezrukov, Shaposhnikov '08]

[YH,Kawai,Oda,Park '14,
Bezrukov, Shaposhnikov '14]

Conservative approach

- We **assume** for field value $\phi > \Lambda$, potential is flat and inflation occurs above Λ .
 - New physics would make potential flat.
- Though it is ad-hoc assumption, we obtain **useful constraint on M_t and Λ (necessary conditions)**.



Necessary conditions

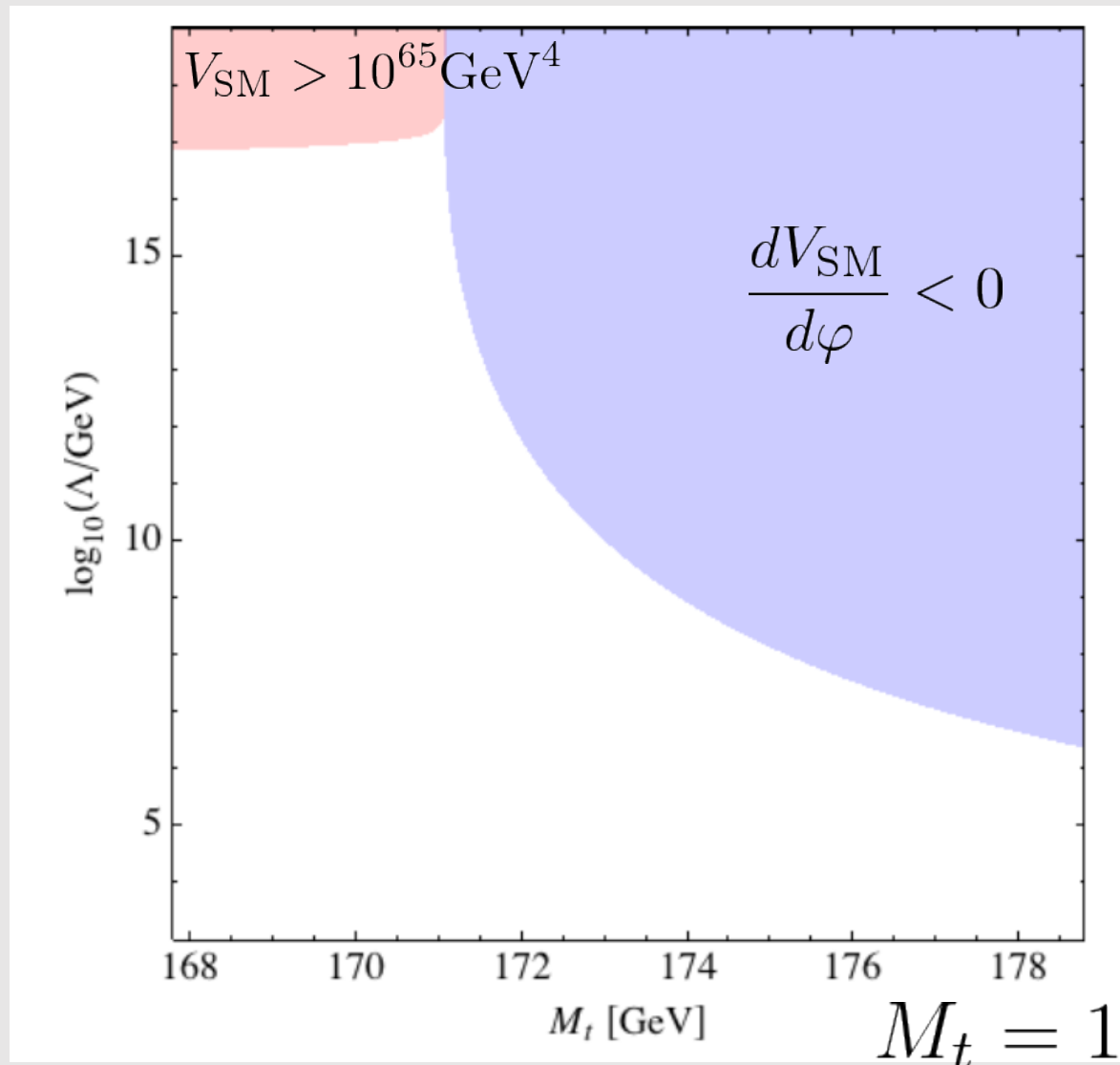
- Scalar perturbation and observation of tensor mode give **upper bound on potential**.

$$V_{\text{SM}}(\Lambda) < 1.3 \times 10^{65} \text{GeV}^4$$

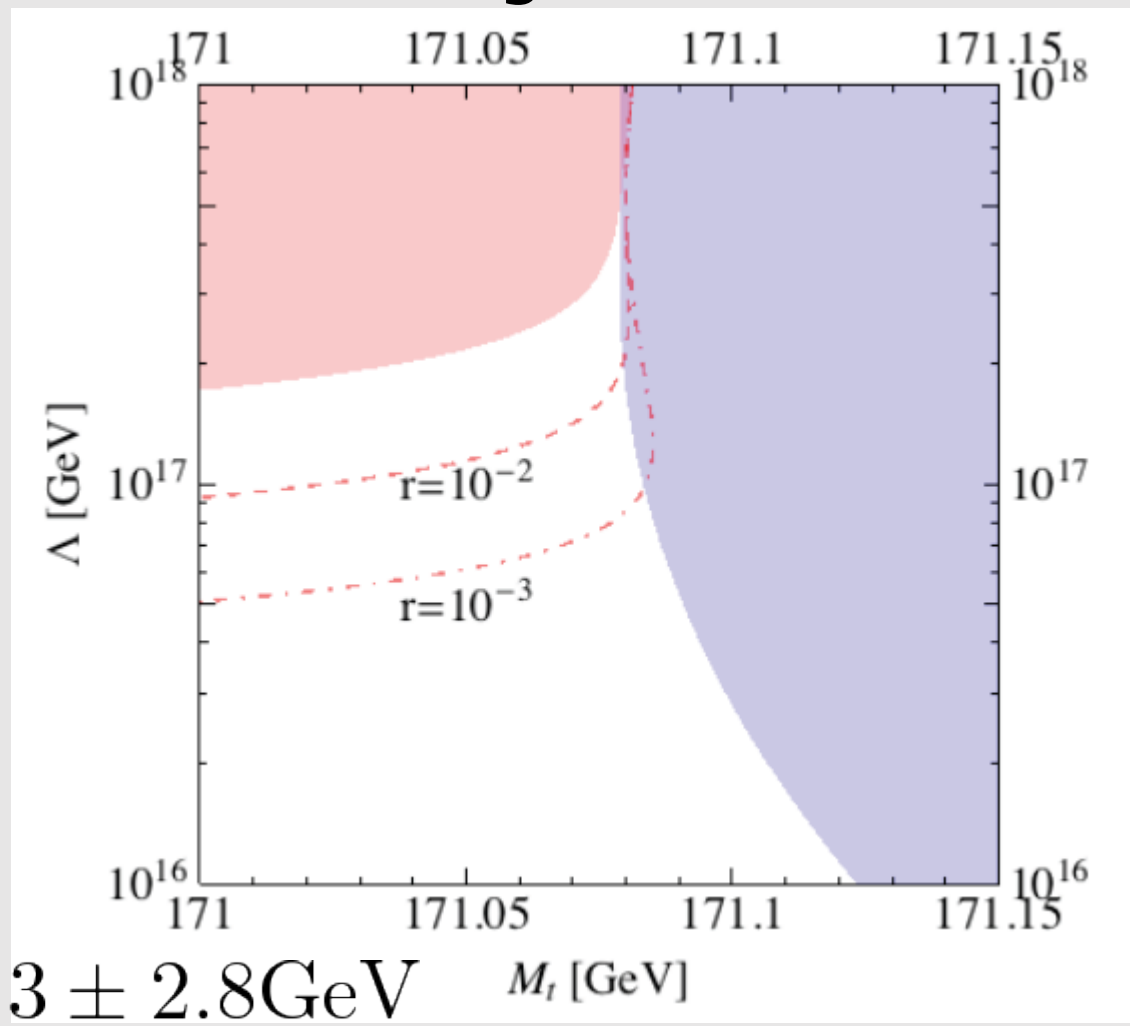
$$A_s \simeq \frac{V}{24\pi^2 M_{\text{pl}}^2 \epsilon} \sim 10^{-9} \quad r \simeq 16\epsilon \sim 0.1$$

- Potential **should be monotonically increasing function** to avoid graceful exit problem.

Constraint on M_t and Λ



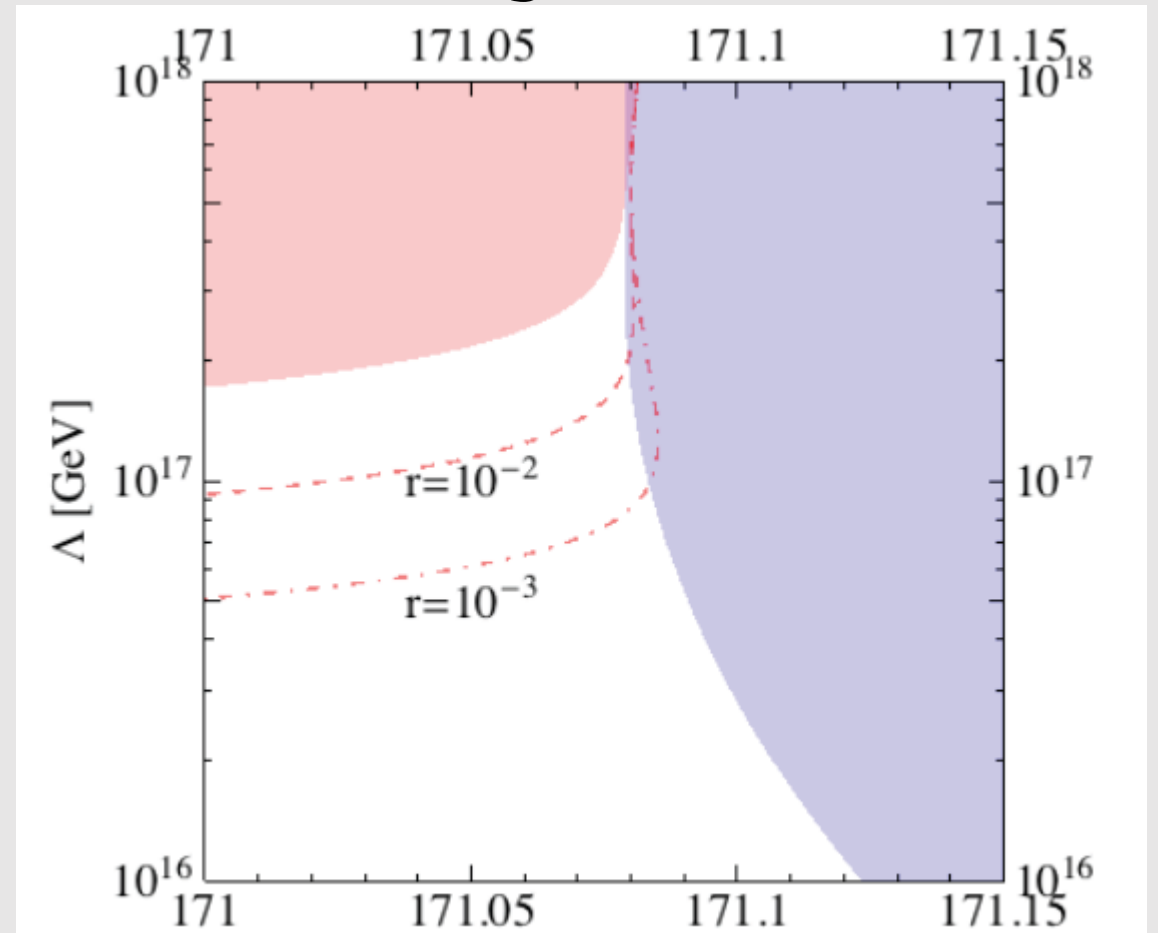
Enlarged view



Constraint on M_t and Λ

- $\Lambda < 5 \times 10^{17} \text{ GeV}$
- String scale appears.
- Situation in which $\Lambda \sim 10^{17} \text{ GeV}$ and inflation above Λ is OK.

Enlarged view



$$M_t = 173.3 \pm 2.8 \text{ GeV} \quad M_t \text{ [GeV]}$$

Radical approach: $\xi |H|^2 R$

- Jordan frame

$$S = \int d^4x \sqrt{-g} \left\{ -\frac{M_{pl}^2 + \xi\varphi^2}{2} R + \frac{(\partial_\mu\varphi)^2}{2} - \frac{\lambda}{4}\varphi^4 \right\}$$

- Conformal transformation $\hat{g}_{\mu\nu} = \Omega^2 g_{\mu\nu}$, $\Omega^2 = 1 + \frac{\xi\varphi^2}{M_{pl}^2}$

$$S = \int d^4x \sqrt{-\hat{g}} \left\{ -\frac{M_{pl}^2}{2} \hat{R} + \frac{(\partial_\mu\chi)^2}{2} - \frac{\lambda}{4} \frac{\varphi^4}{(1 + \xi\varphi^2/M_{pl}^2)^2} \right\}$$

$$\frac{d\chi}{d\varphi} = \sqrt{\frac{\Omega^2 + 6\xi^2\varphi^2/M_{pl}}{2\Omega^4}}$$

$$\varphi \simeq \frac{M_{pl}}{\sqrt{\xi}} \exp\left(\frac{\chi}{\sqrt{6}M_{pl}}\right), \quad \text{for } \varphi \gg \frac{M_{pl}}{\sqrt{\xi}}$$

- Potential becomes flat at high φ $V = \frac{\lambda(\mu)}{4} \frac{\varphi^4}{(1 + \xi\varphi^2/M_{pl}^2)^2}$

RG improvement

- Where is renormalization scale μ ?
- Usually, $\mu \sim$ (effective mass of top/gauge boson).
 - Prescription 1 (effective mass in Einstein frame)

$$\mu = \frac{\varphi}{\sqrt{1 + \xi \varphi^2 / M_{pl}^2}}$$

- μ becomes constant at high field value.
- Prescription 2 (effective mass in Jordan frame)

$$\mu = \varphi$$

- We don't know which prescription is correct.
- Let's see Higgs inflation in both descriptions.

Higgs inflation

- If λ is not small at high scale ($\sim 0(0.1)$), small r is predicted.

$$\epsilon = \frac{4M_{pl}^4}{3\xi^2\varphi^4} \quad \eta = -\frac{4M_{pl}^2}{3\xi\varphi^2}$$

$$r \simeq 3 \times 10^{-3} \quad n_s \simeq 0.97 \quad [\text{Bezrukov, Shaposhnikov '08}]$$

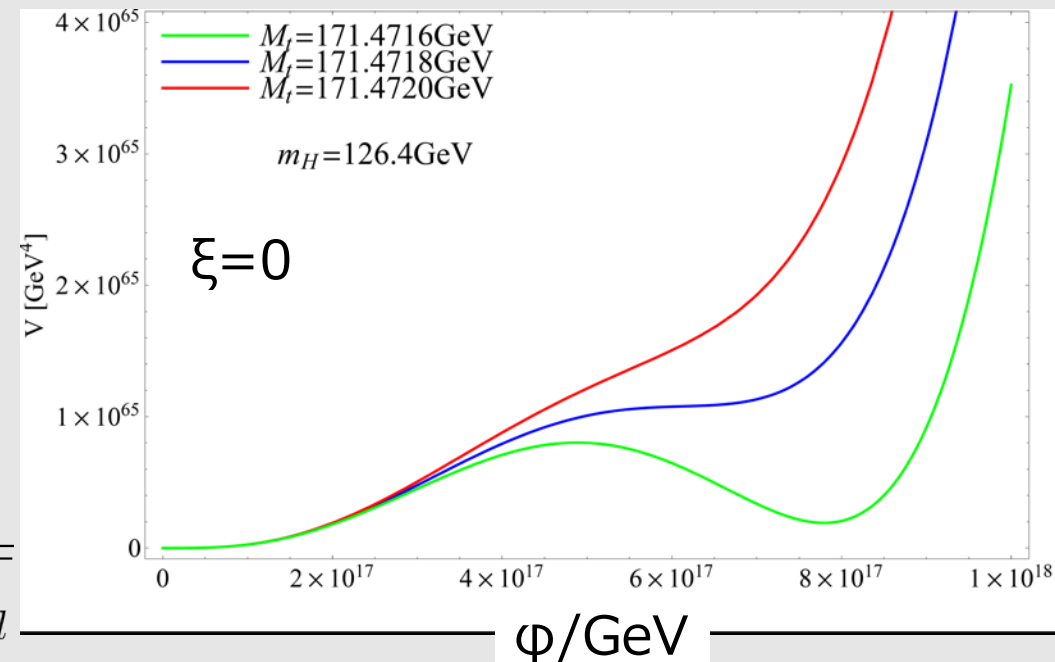
- But, taking into account $\lambda \sim 0$ at high scale (SM criticality), prediction drastically changes.

[YH, Kawai, Oda, Park '14,
Bezrukov, Shaposhnikov '14]

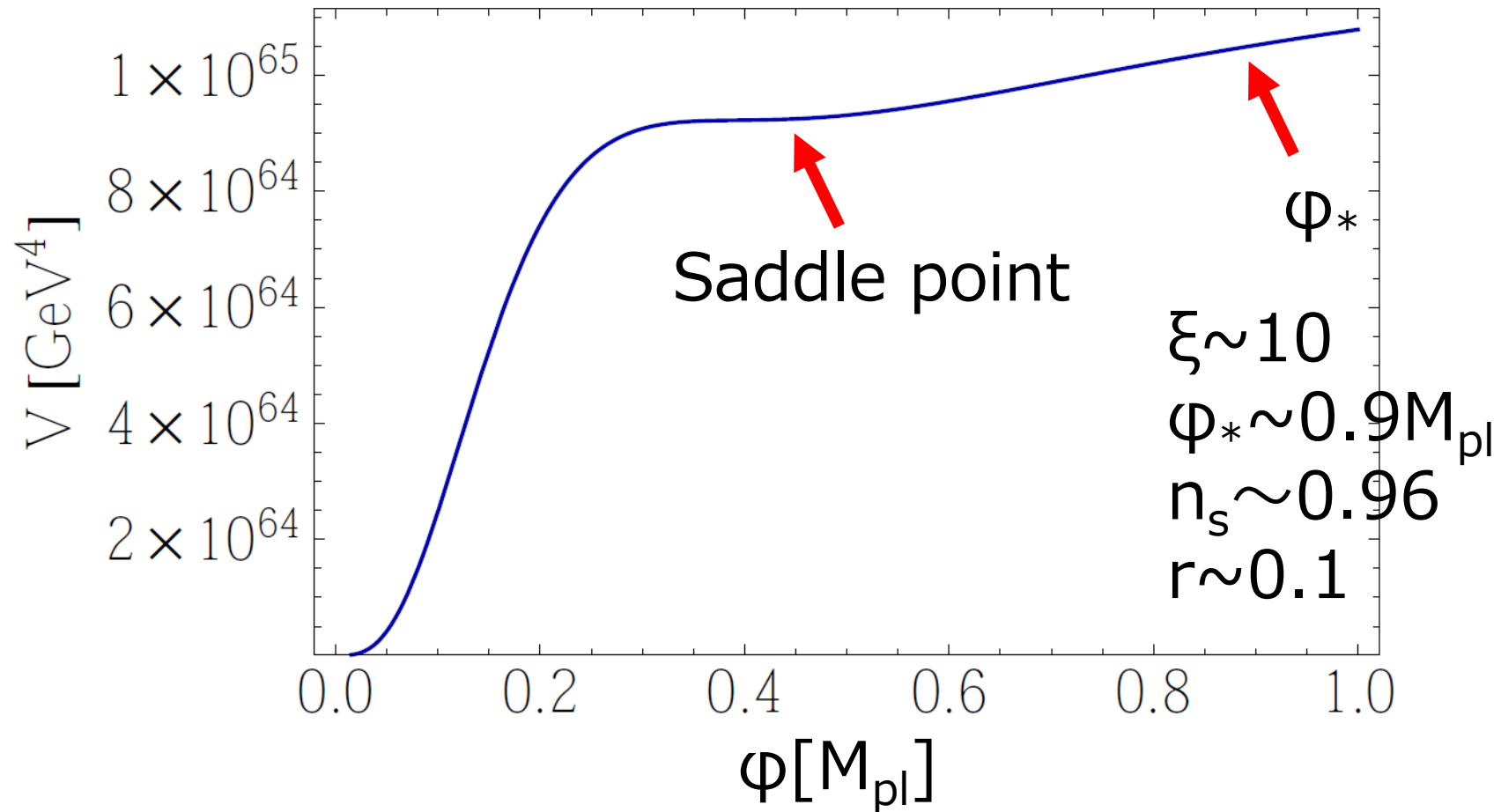
Prescription 1: saddle point

- By tuning top mass, we can make saddle point without ξ .
- By adding ξ , potential becomes flat above saddle point.
 - e-folding is earned in passing the saddle point.
 - Observational density perturbation corresponds to φ_* above saddle point.

$$\mu = \frac{\varphi}{\sqrt{1 + \xi\varphi^2/M_{pl}^2}}$$



Prescription 1: saddle point



Prescription 2: chaotic

- Around minimum

$$\lambda(\mu) = \lambda_{\min} + \frac{\beta_{2\lambda}}{2} \left(\ln \frac{\mu}{\mu_{\min}} \right)^2 \quad \mu = \varphi$$
$$\beta_{2\lambda} = \frac{d\beta_\lambda}{d \ln \mu}$$

- Using canonical field in Einstein frame

$$\hat{\chi} \simeq \sqrt{6} M_{pl} \ln \frac{\varphi M_{pl}}{\sqrt{\xi} \mu_{\min}^2} \quad \beta_{2\lambda, \text{SM}} \simeq \frac{1.2}{(16\pi^2)^2}$$

- Potential becomes

$$V = \frac{\lambda(\mu)}{4} \frac{\varphi^4}{(1 + \xi \varphi^2 / M_{pl}^2)^2} \simeq \frac{\lambda_{\min} M_{pl}^4}{4\xi^2} + \frac{\beta_{2\lambda}}{192\xi^2} \hat{\chi}^2$$

- Putting into SM value, if $\xi \sim 100$,
quadratic chaotic inflation and $n_s \sim 0.96, r \sim 0.15$

Plan

1. Higgs inflation from SM criticality
2. Z_2 scalar DM mass prediction

Z₂ scalar dark matter

- Add gauge singlet real scalar DM S.
 - Z₂ charge: SM particle is even. S is odd.

$$\mathcal{L} = \mathcal{L}_{\text{SM}} + \frac{1}{2}(\partial_\mu S)^2 - \frac{1}{2}m_S^2 S^2 - \frac{\rho}{4!}S^4 - \frac{\kappa}{2}S^2 H^\dagger H.$$

- S modifies β_λ . At one-loop level,

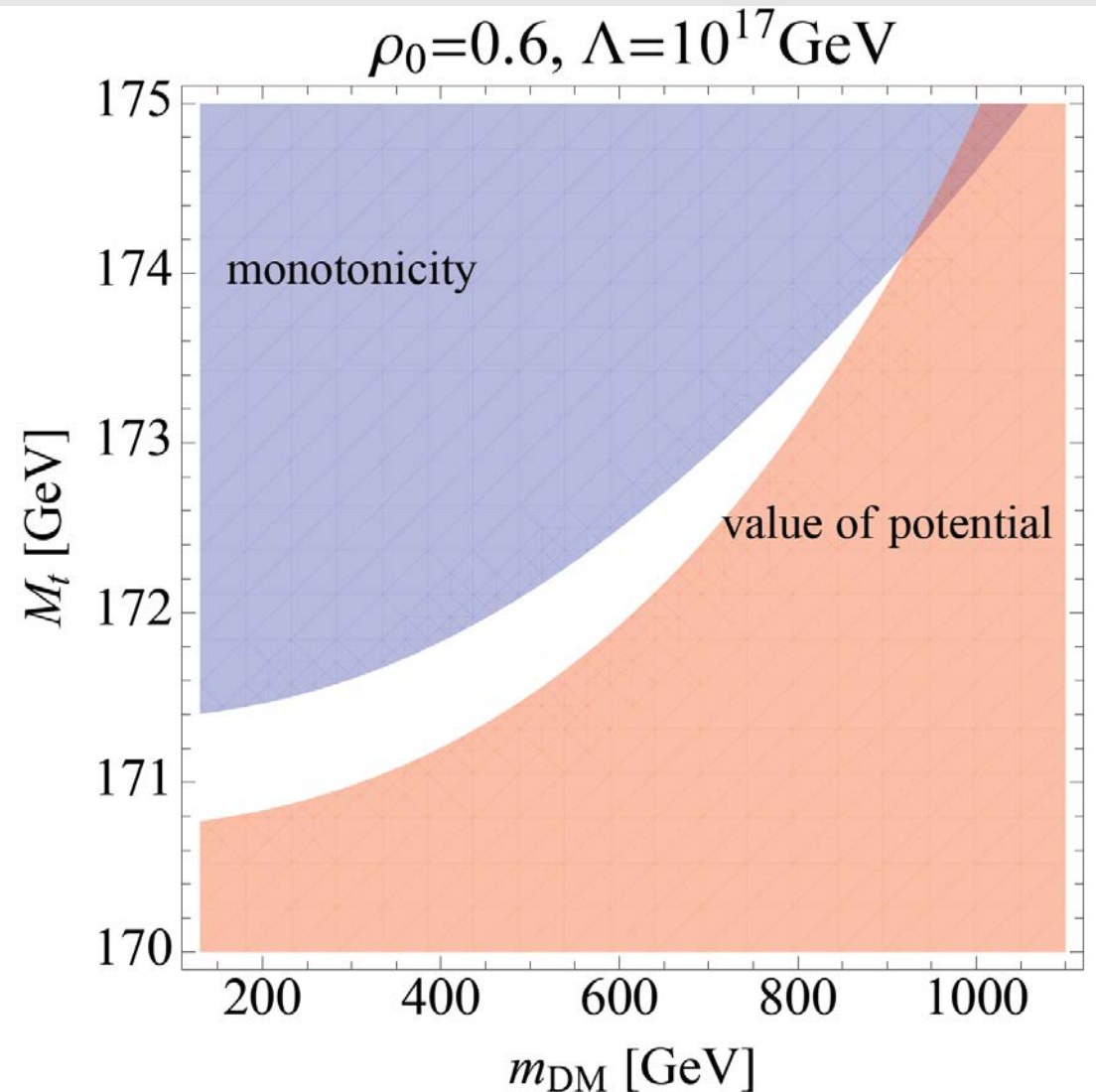
$$\beta_\lambda = \beta_{\lambda,\text{SM}} + \frac{1}{16\pi^2} \frac{1}{2} \kappa^2 \quad \text{Positive contribution}$$

- λ is larger than λ_{SM} at high scale.

Constraint on m_{DM}

- m_{DM} and M_t are **correlated**.
- $m_{\text{DM}} < 1000 \text{ GeV}$
- If we further impose saddle point at 10^{17} GeV , DM mass is $400 \sim 470 \text{ GeV}$.

$$\rho_0 = \rho(m_{\text{weak}})$$



Summary

- We consider scenario where SM is valid up to string scale $\sim 10^{17-18}$ GeV.
- find **SM potential is flat** around 10^{17-18} GeV.
- propose Higgs inflation scenario where **$\lambda \sim \beta_\lambda \sim 0$ plays crucial role.**
- In this scenario, Z_2 scalar DM mass is constrained depending on M_t .

Backup

Inflation

- Inflation solves several problems.
 - Flatness problem
 - Horizon problem
- Inflation can generate density perturbation.
 - Generate by quantum fluctuation of inflaton
 - Predictive and good agreement with observation

Slow roll inflation

- Flat potential realize **exponential expansion**.

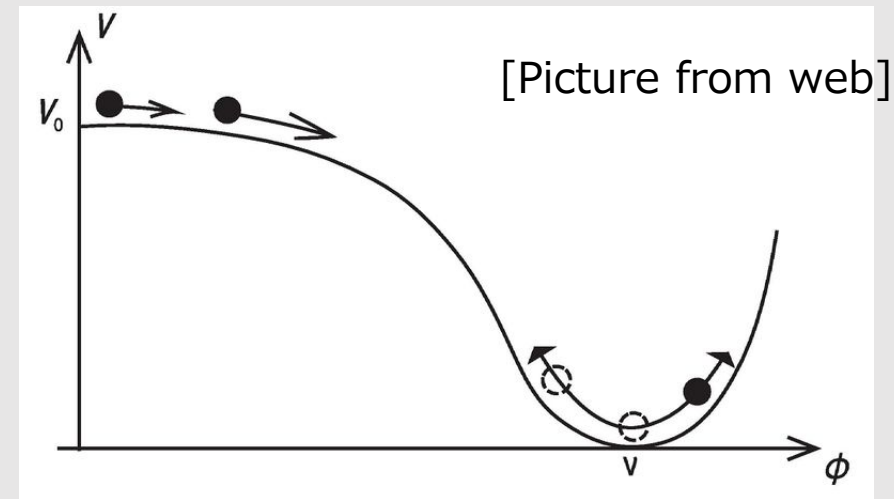
$$ds^2 = -dt^2 + a^2(dr^2 + r^2d\theta^2 + r^2 \sin^2 \theta d\phi^2) \quad H^2 \equiv \left(\frac{\dot{a}}{a}\right)^2 = \frac{1}{3M_{pl}^2} \left(\frac{1}{2}\dot{\phi}^2 + V\right)$$

- Flatness of potential is characterized by **slow roll parameters**.

$$\epsilon = \frac{M_{pl}^2 V_\phi^2}{2V^2} \ll 1 \quad \eta = \frac{M_{pl}^2 V_{\phi\phi}}{V^2} \ll 1$$

- Expansion is given by e-foldings.

$$N_* = \int_{a_*}^{a_{\text{end}}} d \ln a \simeq \frac{1}{M_{pl}} \int_{\phi_*}^{\phi_{\text{end}}} d\phi \frac{1}{\sqrt{2\epsilon}} = 50 \sim 60 \quad \text{for successful inflation}$$



Scalar and tensor perturbation

scalar perturbation

$$\mathcal{P}_{\mathcal{R}} = A_s \left(\frac{k}{k_0} \right)^{n_s - 1}$$

$$A_s \simeq \frac{V}{24\pi^2 M_{pl}^4 \epsilon}$$

spectral index

$$n_s - 1 \simeq 2\eta - 6\epsilon$$

tensor perturbation

$$\mathcal{P}_t = A_t \left(\frac{k}{k_0} \right)^{n_t}$$

$$A_t \simeq \frac{2V}{3\pi^2 M_{pl}^4}$$

$$n_t \simeq -2\epsilon$$

tensor to scalar ratio

$$r \equiv \frac{\mathcal{P}_t}{\mathcal{P}_{\mathcal{R}}} \simeq 16\epsilon$$

Knowing A_s (Planck) and r (BICEP2)  Inflation scale!!

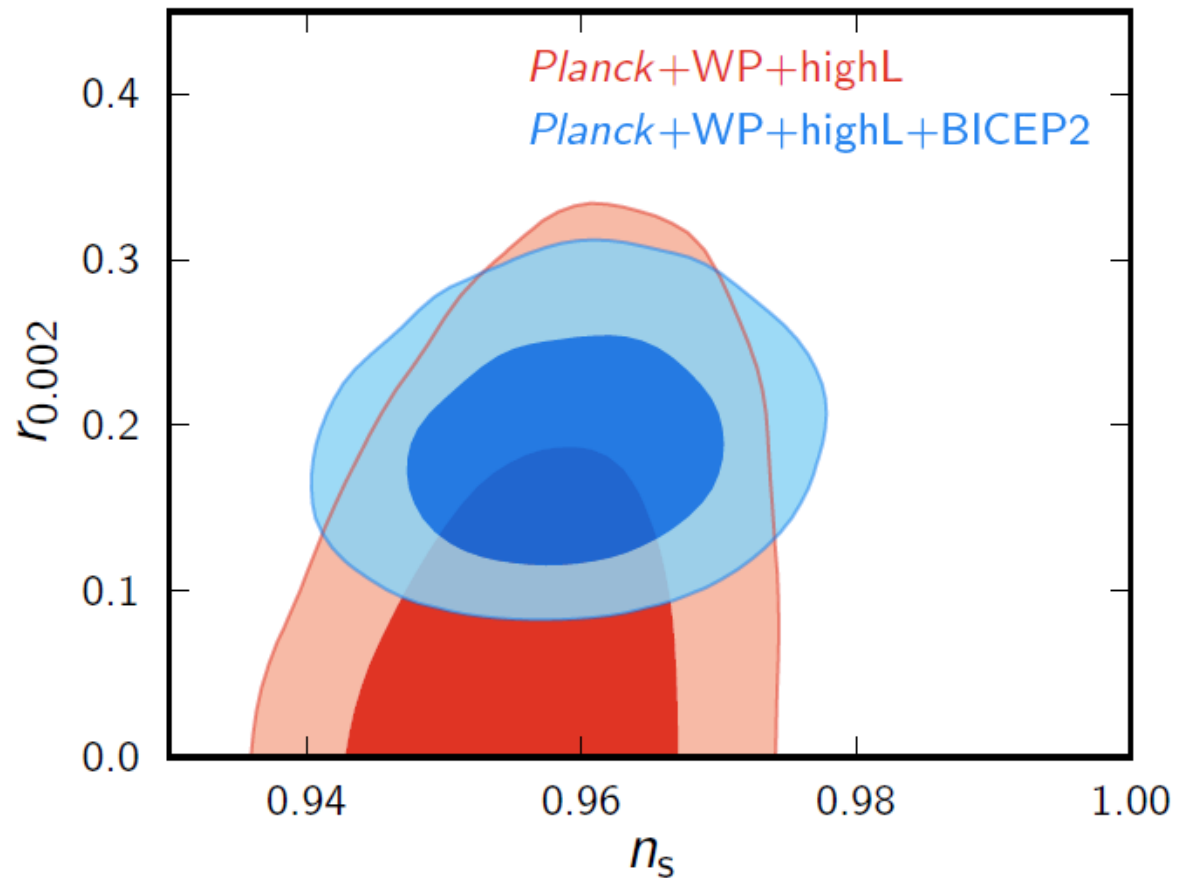
Observations

$$A_s(\text{exp}) \simeq 2 \times 10^{-9}$$

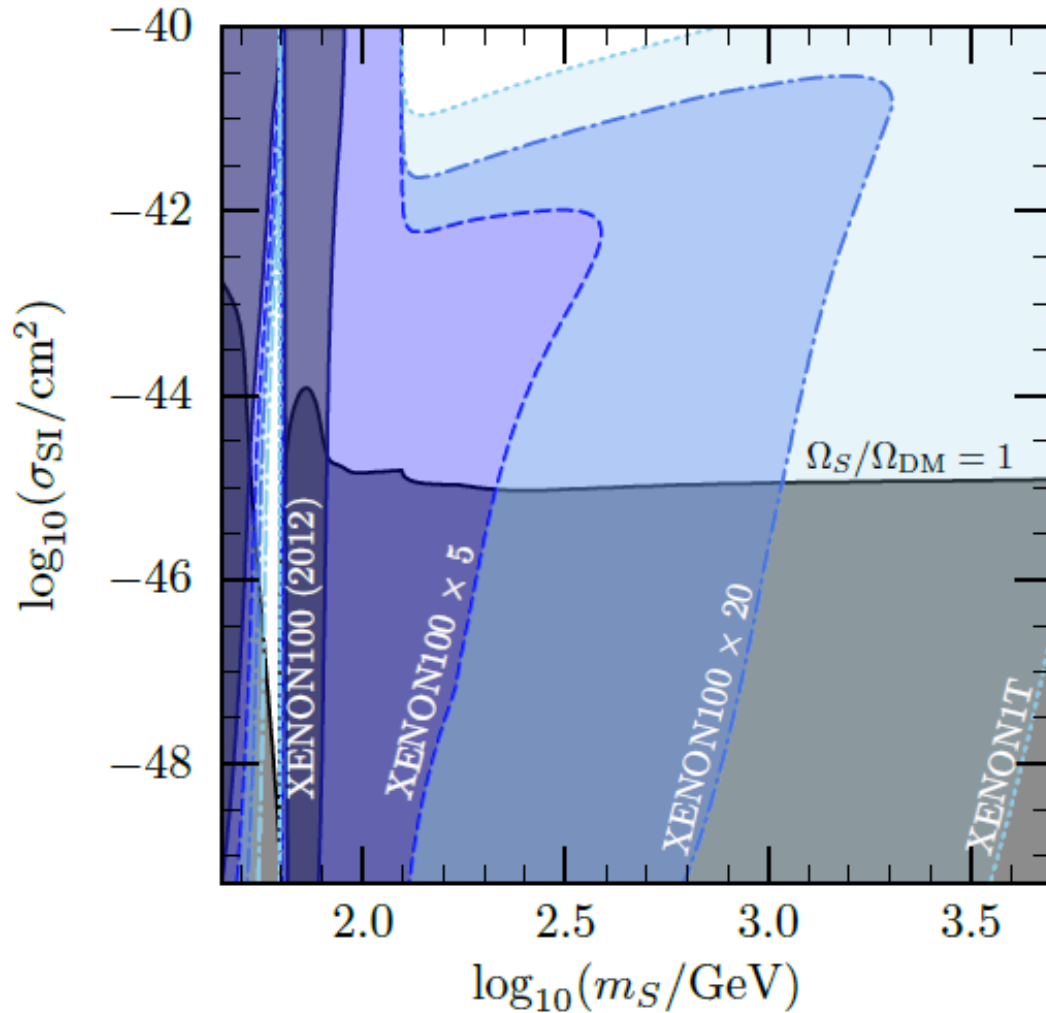
$$n_s(\text{exp}) \simeq 0.96 \quad [\text{Planck '13}]$$

$$r(\text{exp}) = 0.2_{-0.05}^{+0.07} \quad [\text{BICEP '14}]$$

$$V_{\text{inf}} \simeq (2 \times 10^{16} \text{GeV})^4 \left(\frac{r}{0.1} \right)$$



Test



[Cline et. al. '13]

Prediction can be tested by XENON.

Einstein frame

